

1 *Review*

2 **Carbon farming practices and application amongst** 3 **crop cooperatives in Uganda**

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9 **Abstract:** Climate change is undermining the importance and sustainability of cooperatives as
10 important organizations in small holder agriculture in developing countries. To adapt, cooperatives
11 could apply carbon farming practices to reduce greenhouse gas emissions and enhance their business
12 by increasing yields, economic returns and enhancing ecosystem services. This study aimed to
13 identify carbon farming practices from literature and investigate the rate of application within
14 cooperatives in Uganda. We reviewed scholarly literature and assessed them based on their economic
15 and ecological effects and trade-offs. Field research was done by through an online survey with
16 smallholder farmers in 28 cooperatives across 19 districts in Uganda. We identified 11 and
17 categorized them under three farming systems: organic farming, conservation farming and
18 integrated farming. From the field survey we found that compost is the most applied CFP (54%), crop
19 rotations (32%) and intercropping (50%) across the three categorizations. Dilemmas about right
20 organic amendment quantities, consistent supplies and competing claims of residues for e.g. biochar
21 production, types of inter crops need to be solved in order to further advance the application of CFPs
22 amongst crop cooperatives in Uganda.

23
24 **Keywords:** Carbon farming; Developing countries; Cooperatives, Smallholder; Ecosystem services;
25 Trade-offs;

27 **1. Introduction**

28 Cooperatives play an important role in agricultural production and commercialization [1] in
29 most developing countries. In Uganda, around 80% of the populations' livelihoods are directly reliant
30 on the agricultural sector, yet it is the most vulnerable to current changes of the ecosystems and the
31 services they provide and the changes in climate through emission of greenhouse gases (GHGs)
32 such as carbon dioxide (CO₂), nitrous oxide (N₂O) and methane (CH₄) [2]. Under these current
33 circumstances, smallholder farmer groups must remain competitive and sustainable.

34 Greenhouse gases (GHGs) are released by all sectors including the Agriculture, Forestry and
35 Other Land Use (AFOLU). Worldwide the AFOLU sector contributes 24% of these GHGs [3]. GHGs
36 in agriculture are mostly a result of farming operations such as; decomposing crop residues, the
37 production and use of (in)organic fertilizers, land tillage, production and application spraying of
38 pesticides and, planting and harvesting crops [4]. Agriculture may also contribute to GHG emission

39 reductions by e.g. sequestering carbon (C) through a process called C sequestration [5]. Farming
40 practices that include some sort of C sequestration are called C farming practices (CFPs). CFPs are
41 also practices that are known to improve the rate at which CO₂ is removed from the atmosphere and
42 converted to plant material and soil organic matter [6].

43 CFPs have been existing for a long time. However, current conditions aim to revitalize such
44 practices within cooperatives in order to sequester more C in light of increasing temperatures, but
45 also to benefit the crop cooperatives. However, these practices have not been adopted widely among
46 small holder farmers and where such practices are implemented, there are failures due to poor
47 implementation [7]. This review explores different CFPs based on their carbon sequestration potential
48 and examines their economic effects in terms of yield, inputs, profitability, income and what the
49 ecological effects are in terms of ecosystem services while contrasting their economic and ecological
50 trade-offs. These findings are then compared and contrasted within CFP application amongst
51 smallholder farmers in cooperatives as a basis for both the community of practice and policy
52 interventions towards low carbon agriculture in Uganda.

53 The objective of the study was to identify CFPs and their economic and ecological effects and
54 trade-offs and to provide insight into how and to what extent are they applied amongst crop
55 cooperatives in Uganda

56 2. Materials and Methods

57 The first part of the objective was to identify CFPs. Scholarly literature was reviewed, and the
58 identified CFPs were addressed within three farming systems; Organic farming (OF) [8],
59 Conservation farming (CF) [3] and Integrated farming (IF) [9]. This categorization is based on the
60 notion that these CFPs encompass most of what different literature sources attest to in relation to
61 carbon sequestration. To assess the economic and ecological effects, the following indicators: 1.
62 Yield (t/ ha), 2. input use (unit), 3. Income (per ha) and 4. Profit (percent) [10] and six ecosystem
63 variables; 1. carbon sequestration, 2. soil quality, 3. water holding capacity, 4. pollination, 5.
64 biodiversity, and 6. pest and disease control [11] were considered.

65 The second part of the objective was the assess how and to what extent the CFPs were
66 applied amongst crop cooperatives in Uganda. To do so we administered an online survey amongst
67 representatives from 28 cooperatives and online interviews with 6 key informants. The economic and
68 ecological effects reviewed in literature were also used as a guide during the survey for ease of
69 analysis. Descriptive statistics were used to analyze quantitative data from the online survey while
70 qualitative data was analyzed by use MS Excel and MS Word.

71 3. Results

72 3.1. Literature

73 The literature review of CFPs resulted in an overview presented in Table 1. Scholarly categorization
74 of CFPs included but not limited to; improved agronomic practices, nutrient management, water
75 management, agroforestry, land cover (use) change, management of organic soils and restoration of
76 degraded lands [12], Agroforestry, Farmer Management Natural Regeneration (FMNR) and
77 Sustainable Agricultural Land Management (SALM) [13], diversification practices and soil
78 management practices [14], forestry practices, land based agriculture, livestock and integrated
79 systems [15], soil nutrient management practices, improved agronomic practices, improved
80 livestock management practices, sustainable energy technologies, restoration of degraded lands soil

81 and water conservation measures [46], conservation agriculture, integrated soil fertility management,
 82 irrigation, agroforestry, crop diversification, improved livestock and feeding practices [16] and
 83 single and diversified practices [10].

84 Table 1. CFPs identified in literature and categorized per farming system

Farming system	Carbon farming practice	Carbon Sequestration potential
Organic Farming (OF)	Compost application [17, 18, 19, 20]	2.14Gt – 3.1Gt between 2020 – 2050 [3]
	Manure application [21, 22, 23]	0.16g kg ⁻¹ yr ⁻¹ increase per year [21]
	Biochar application [24, 25, 26]	0.60–0.97 Mg.ha ⁻¹ yr ⁻¹ for 3–23 years [25]
Conservation Farming (CF)	No Till / Reduced Till [3, 22, 27]	C redistribution along the soil profile [22]
	Residue Management [28, 29, 30]	C increase from 4.38% to 4.44% [29]
	Cover crops [31, 32]	C increase from 0.37 – 3.24 tCO ₂ e ha ⁻¹ yr ⁻¹ [32]
Integrated Farming (IF)	Crop rotations [28, 22, 33]	C stability due legume crops with carbon compounds [28]
	Intercropping [34, 35, 36]	C emission reductions by 7% [35]
	Agroforestry [3, 37]	C increase from 0.84 – 4.23 tCO ₂ e ha ⁻¹ yr ⁻¹ [32]
	Agropastoral [38]	
	Agrosilvopastoral [39, 40]	

85 CFPs under OF are often Business as Usual (BAU) in the context of developing countries where
 86 often low-income farmers have neither access to agricultural input commodities like mineral
 87 fertilizers or pesticides [41]. While CFPs under CF were not initially considered as soil carbon
 88 sequestration practices, they are now widely considered as a potential technology to mitigate GHG
 89 emissions and reduce fossil fuel consumption [43] during tillage practices. CFPs under IF are useful
 90 in reducing the carbon footprint due to the land sharing concept which is fundamental in ecosystems
 91 services enhancement, such as carbon storage, pest control, pollination and climatic change
 92 adaptation [44]. Non-intensive agricultural, biodiversity-friendly, and ecosystem-preserving IF
 93 agricultural systems play a profound balance of conservation with environmentally and socially
 94 sound agriculture [45]. The economic and ecological effects are presented in Table 2.

95 Table 2. Literature overview of CFP economic and ecological effects under different farming systems

	Economic effects	Ecological effects
Organic Farming Compost, Manure and Biochar	Improved farm productivity [13]	Enhancement of soil ecological health functions [22]
	Diversified incomes [13]	Biodiversity protection [50]
	Reduced chemical fertiliser and pesticide use [47]	Increased water holding capacity [13]
	Premium price markets for organic produce [41]	Crop drought and flood tolerance [15]
	21.4% increase in fruit productivity, 22.4% fruit weight and 7.8% increase in fruit diameter for compost [48]	Lower GHG emissions & reduced global warming potential [24]
		Capacity to control plant diseases [51]
		Soil organic carbon build up [48]
		Reduced nutrient leaching [52]
		Source of renewable energy [53]

Conservation Farming No Till, Cover crops, Crop residues and Crop rotations	Enhancing farmers' income [55]	Balanced ecosystem services provisioning [54]
	Low costs of production [55]	Conserving natural resources [55]
	Increased yield [27]	SOM increase [8]
	Low productivity [56]	Reduce atmospheric CO ₂ emissions [8]
	Reduced pesticides use [31]	Soil erosion control [60]
	Lower input costs [10]	Weed control [61]
	Improved pollination services [31]	Reduce the rainfall intensity [31]
Integrated Farming Intercropping, Agroforestry, Agropastoral, Agrosilvopastoral	Improved productivity [57]	Disease and pest suppression [57]
	Input-reduction [57]	Improve soil fertility [58]
	Yield improvement [58]	Lowering carbon emissions [35]
	Diversified income sources [43]	Weed suppression [58]
	Increased production [59]	biodiversity conservation [32]
	Soil erosion and flooding control [3]	
	Improved water holding capacity [11]	
	Enhance pest, disease control [11]	
Organic matter content [40]		

96 The main goal of CFP adoption lies in reducing GHG emissions which involves change of
 97 practices that may collide with crop production goals in both positive and negative forms [62] which
 98 results in trade-offs. Trade-offs occur when a CFP is adopted by farmers at the expense of economic
 99 benefits or vice versa. A critical dilemma is often faced when farmers need to switch to that
 100 completely transform their farm business operations [63]. On the other side, CFPs seem expensive
 101 [50], they may not be such productive [11] and farmers are likely to only voluntarily adopt such
 102 practices if economically profitable [5]. Another trade-off may be the change in land use such as farm
 103 expansion into forest land which is one of the most potent global threats to biodiversity
 104 conservation [64]. Other trade-offs include , more skills, knowledge , yields compromises, farming
 105 system incompatibilities, farm business uncertainty alongside land tenure rights [65]. Hence, win-
 106 win situations may be possible by combining an awareness of what may produce a trade-off with
 107 an understanding of why and what trade-offs result to create the synergies sought for better outcomes
 108 [66]. The economic and ecological trade-offs are presented in Table 3.

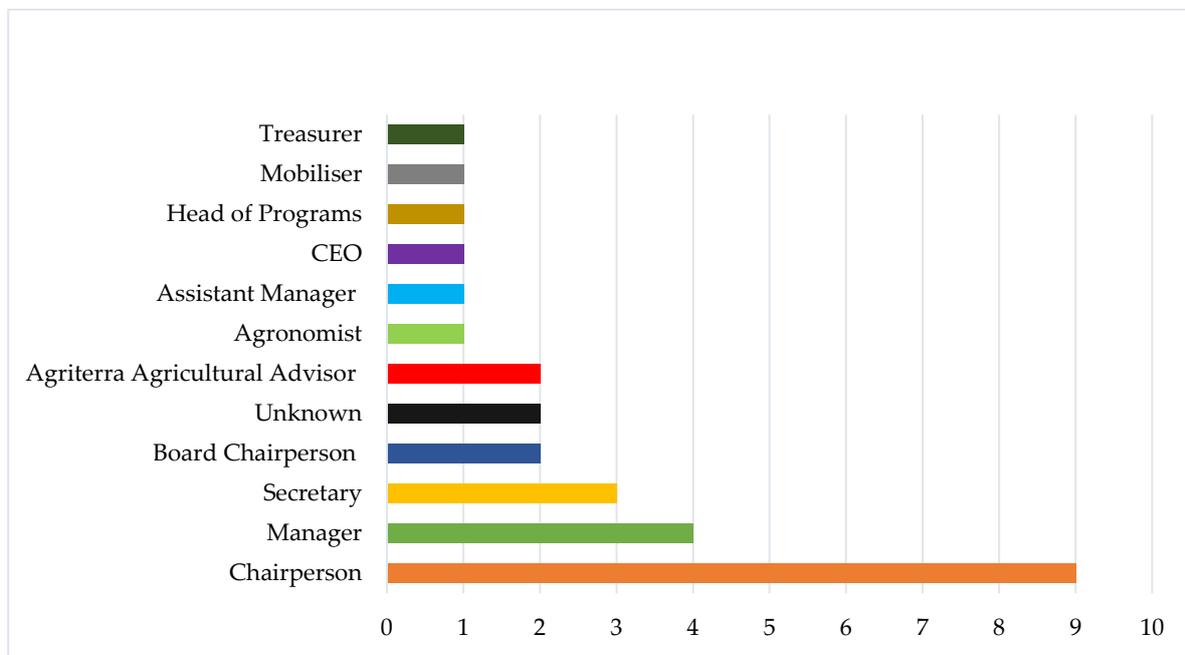
109 Table 3: Overview of CFP economic and ecological trade-offs under the different farming systems

Farming Systems CFPs		Trade-offs
Organic Farming Systems Compost, Manure and Biochar	Ecological	Inadequate to control pests and diseases [70]
		Provide insufficient pollination [70]
	Economic	GHG pollution swapping [71]
		Increase risk of accelerated erosion [26]
Conservation Farming Systems	Ecological	Lead to reduced crop yields [67]
		Competing uses for crop residues [26]
		High decomposition rates hence short-lived benefits [26]
		Minimum pest, weed and disease control [72]

No Till, Cover crops, Crop residues and Crop rotations	Economic	Enhanced herbicide application on crop lands [10] Crop residue competing uses [68]
	Ecological	Reduced in pollination services [10]
Integrated Farming Systems Intercropping, Agroforestry, Agropastoral, Agrosilvopastoral	Economic	High technical knowledge, implementation maintenance labour and input costs [40, 10, 69]
		Farm profit reduction [5]
		Loss in productivity [12]

110 3.2. Field

111 Responses from the online survey were collected from amongst from 28 cooperative respondents
 112 (Figure 1) in 19 districts and 6 key informants online interviews. The economic and ecological effects
 113 were reviewed in literature and reported in tables and were also used as a guide during the survey
 114 for ease of analysis.

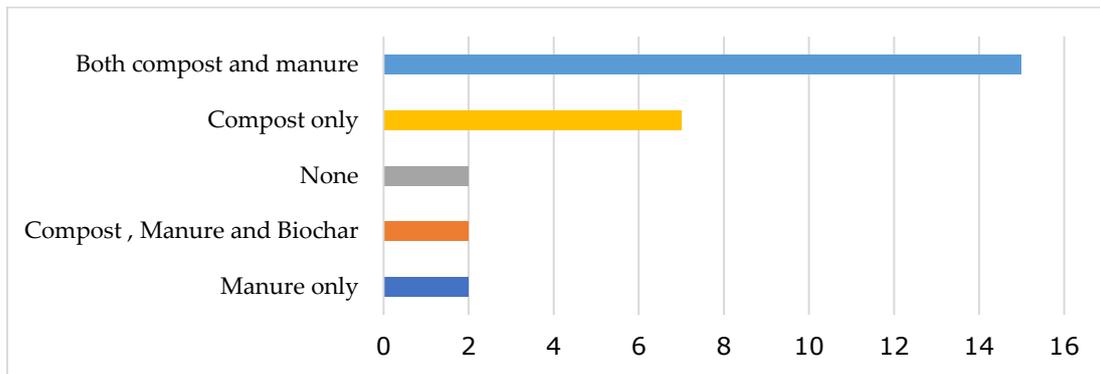


115
 116 **Figure 1.** Online survey cooperative respondent portfolios

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 118 CFP application amongst cooperatives under OF systems

119 Amongst the CFPs examined in this farming system, the combination of compost and manure
 120 had the most respondents (54%) while the single most reported CFP under OF practiced by
 121 respondents was compost (Figure 2). The most reported beneficial effects of CFPs on the ecology
 122 where improved soil quality (Table 4) in terms of fertility, improved water holding capacity,
 123 enhanced microbial activity by natural organisms, pest, disease and weed control. However,
 124 biodiversity, pollination services and carbon sequestration were not mentioned by any respondent
 125 in this category. When considering economics, improved yield was the most reported effect of the
 126 CFPs followed by increased profitability as a result of improved incomes.

127 Within the OF system the combination of compost and manure was applied the most (54%)
 128 while the single most reported CFP was compost application (Figure 2). The most reported beneficial
 129 effects of CFP's on the ecology where improved soil quality (Table 4) in terms through increased
 130 fertility, improved water holding capacity, enhanced microbial activity, pest, disease and weed
 131 control. Biodiversity, pollination services and carbon sequestration were not mentioned as beneficial
 132 effects by any of the respondents. When considering economics, improved yield was the most
 133 reported effect of the CFP's followed by increased profitability as a result of improved incomes.



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Figure 2. CFP application among cooperatives under Organic Farming systems in Uganda.

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Table 4: Reported ecological and economic trade-offs of CFP's under Organic Farming systems

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(*n* = Frequency of effect among all respondents)

Effects				Trade-offs			
<i>Ecological</i>	<i>n</i>	<i>Economic</i>	<i>n</i>	<i>Ecological</i>	<i>n</i>	<i>Economic</i>	<i>n</i>
				Knowledge and adequacy			
Improved soil quality	16	Improved yield	17	of right amounts and mixtures	9	Access, purchase cost,	
Enhanced water-holding capacity	5	Increased profits	6	Long decomposition time	7	transportation & hectic, bulk of	18
Increased natural organisms	3	Improved incomes	5	Harbor pests	2	amendments	
Better pests, weeds, disease control	3	Reduced input use	2				
Total	27		30		18		18

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CFP application amongst cooperatives under CF systems

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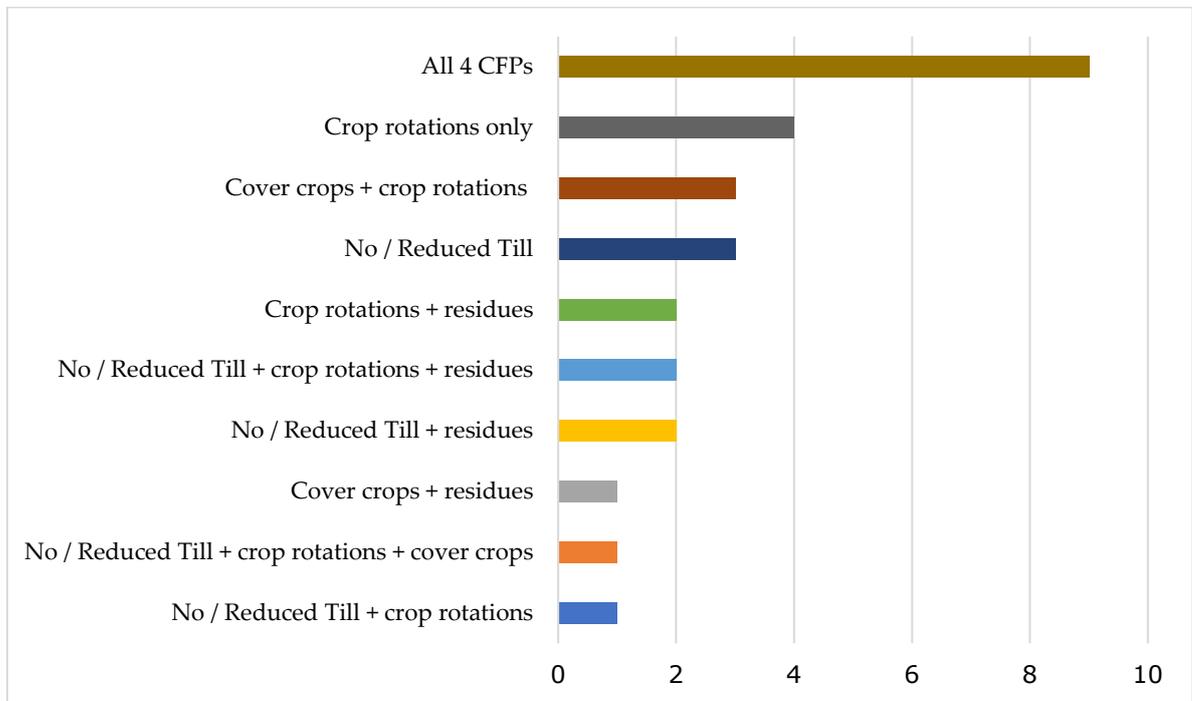
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Amongst the CFPs, examined in this system; majority of the respondents (32%) were applying all the four CFPs. The single most applied CFP was crop rotation, (Figure 3). Ecologically, improved soil quality was the most reported effect of CFP among the ecosystem services followed by improved water holding capacity and better pest, disease and weed control. Under this category, biodiversity, pollination services and carbon sequestration services were not mentioned by any respondent. Economically, yield improvement was the highest reported effect of followed by reduced usage of

147 other inputs while profitability and improved incomes were the least mentioned effects of the
 148 application of the CFPs respectively. This is the only CFP category in which low yield was reported
 149 compared to OF and IF systems. The ecological effects outweighed economic effects while economic
 150 trade-offs outweighed ecological trade-offs (Table 5).

151



152

153 **Figure 3.** CFP application among cooperatives under Conservation Farming systems in Uganda.

154 Table 4: Reported ecological and economic trade-offs of CFP's under Conservation Farming systems

155 *n.* = Frequency of effect among all respondents

Effects				Trade-offs			
<i>Ecological</i>	<i>n</i>	<i>Economic</i>	<i>n</i>	<i>Ecological</i>	<i>n</i>	<i>Economic</i>	<i>n</i>
Improved soil quality	12	Improved yield	12	Land availability / shortage	7	Capital, costs & availability of materials & Knowledge and skills	8
Enhanced water-holding capacity	6	Reduced input use	4	Right crop rotations varieties, pathogens, harbour pests,	3	Time consuming, labour intensity, shortage, and costs	4
Better pest, weed and disease control	5	Increased profits	2			Low yield	3
		Improved incomes	2				
Total	23		20		10		15

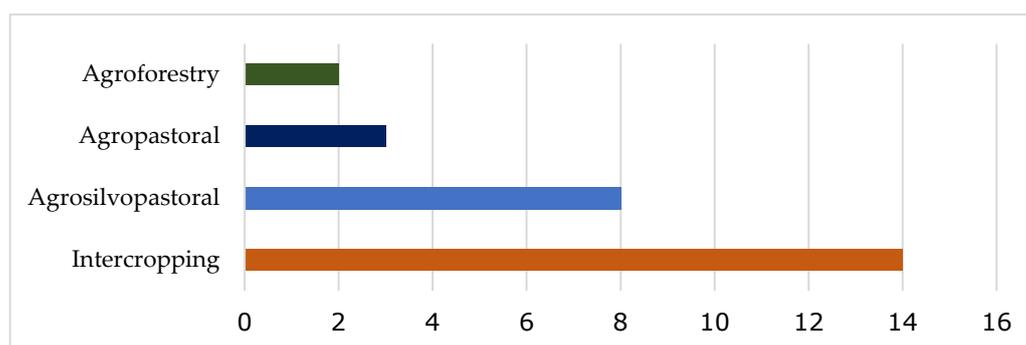
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157 CFP application amongst cooperatives under IF systems

158 Intercropping was the most reported CFP (50%) in IF systems while agroforestry was the least

159 reported CFP (Figure 5). Improved soil quality was the most reported effect followed by enhanced
 160 water holding capacity and better pests, weeds, disease control. Other ecosystem services such
 161 carbon sequestration, pollination services, and biodiversity were not mentioned by any respondent.
 162 Economically, improved yield as a result of diversification under CFPs under this category recorded
 163 the highest number of respondents while reduced inputs due to interdependence of the farming
 164 system activities were mentioned second, followed by improved incomes and increased profitability
 165 (Table 5) .

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Figure 5; Respondents CFP application under Integrated Farming

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Table 5. Reported ecological and economic trade-offs of CFP's under Integrated Farming systems

171

n. = Frequency of effect among all respondents

Effects				Trade-offs			
<i>Ecological</i>	<i>n</i>	<i>Economic</i>	<i>n</i>	<i>Ecological</i>	<i>n</i>	<i>Economic</i>	<i>n</i>
Improved soil quality	3	Improved yield	13	Soil rest, fertility loss, nutrient competition,	5	Management, time consuming, costly, high labour, land, capital	10
Enhanced water-holding capacity	1	Reduced input use	6	Pests, animal eat up crops	4	Low yield	2
Better pests, weeds, disease control	1	Improved incomes	4			Knowledge, skills, Not common system	3
		Increased profits	2				
Total	5		23		9		15

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173 4. Discussion

174 Of the CFP's studied here, application of compost was the single most applied CFP under OF in
 175 small holder cooperatives in Uganda. This corresponds to a study [17] which discovered that small-

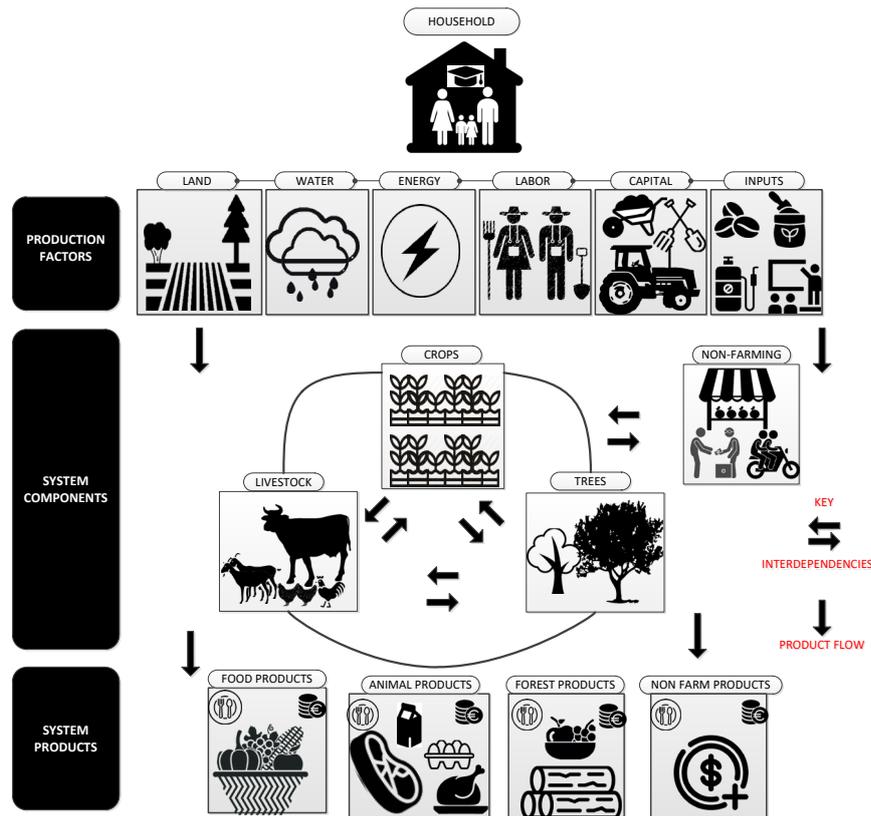
176 holder farmers' perceptions and their understanding of the benefits of compost can increase its
177 adoption rate. This is also because compost application by a large majority of respondents could also
178 be due to local availability of cheap organic amendments [75]. More so, the high compost and manure
179 combination rate by farmers also resonates with [73] who asserted that most composts are made of
180 plant residues and manure as well as [74] who suggested organic amendments combinations for
181 benefit maximization. Biochar has been widely documented including in studies from within Uganda
182 such as [25] although implementation is still limited as shown in the results of this study. This is
183 probably due to limited awareness, yet it can be easily produced locally [26] from the burnt on-field
184 crop residues which is a common practice among small-holder farmers. Results showed that
185 respondents are more aware about the soil fertility effect, also mentioned by [60], improved water
186 holding capacity, mentioned by [43], enhanced microbial activity by natural organisms, enhanced
187 pest, disease and weed control as argued by [52]. Although, the non-recognition of services like
188 biodiversity and carbon sequestration calls for attention since they are of great significance in carbon
189 farming and for reducing the GWP potential. This non-recognition could arise from the invisibility
190 and intangibility of biodiversity and carbon sequestration as relevant parameters for production and
191 climate mitigation and resilience. Unawareness hereof may potentially increase the risk of cropland
192 expansion into forests which highly further threatens biodiversity [64]. Improved yield [76],
193 increased profitability [41] as a result of improved incomes and reduced use of other inputs [77] as
194 reported effects appeared more appealing and attractive to the respondents. Some studies that
195 suggest that organic amendments lead to reduced yield [70] and are quite expensive to implement.
196 More to this are the increments in economic resources surrounding organic amendments' access,
197 costs, transportation, bulky nature and labor intensity which are serious trade-offs that should be
198 considered.

199 A large percentage of the respondents implemented multiple CFPs under CF. This provides
200 opportunities for enhancing ecosystem services [33]. This study shows that crop rotations was the
201 most implemented CFP which contradicts the norm across most farms in the country where
202 monocultures are grown on the same piece of land for long periods of time. The low use of crop
203 residues by respondents is justified in residue burning while preparing farmland which is also a very
204 common practice amongst smallholder farmers especially prior to the rainy season. Our study also
205 confirms that CFPs enhance ecosystem services [27] through soil fertility increase [10], water holding
206 capacity [8], weed pest and disease control [61] as validated by small holder farmers. These three
207 most mentioned ecosystem services are directly tangible and related to output which results into
208 economic viability inform through yield increase [27], increased profitability [55] and reduced use of
209 inputs [31]. However, yield increment is claimed to be in form of small percentages that could
210 compromise food security in the long run [79]. Chances of yield and income maximization are higher
211 when CFPs are jointly applied [78] as most respondents in this study revealed. Consequently, other
212 ecosystem services such as, carbon sequestration, biodiversity and pollination roles need to be a norm
213 at farm level amongst smallholder farmers.

214 The study revealed that most respondents were involved in mixed farming systems under
215 IF and mostly practice the intercropping combination, agroforestry was the least applied. According
216 to several experts, the big difference is probably due to the perceived non profitability of agroforestry
217 systems by farmers on arable lands coupled with small pieces of owned land. In as much as [43]
218 argued improved incomes for agroforestry systems, this is not evidently appealing to most
219 respondents. A study by [38] suggested that agropastoral combinations are a default system among
220 small holder settings. This assertion stands to resonate with common practice where smallholders
221 rear among others: poultry, cows, goats, rabbits, pigs, fish on their farms. These livestock units are
222 mostly not for commercial purposes. The economic effects of CFPs under IF clearly outweighed the
223 ecological effects in this study in form of yield improvement [4], reduced input [58] and diversified
224 incomes [43]. Yield increases up to 150% were reached compared to conventional agricultural
225 systems [35]. The reduced use of input is arguably due to the interdependency of the farming systems
226 and shareable inputs as suggested by some agropastoral respondents and [80].

227 In contrast to OF and CF systems, the IF results show the improvements in soil fertility are an
228 outcome of intercropping with leguminous crops [43] and agrosilvopastoral combinations [40].
229 Although little responses in terms of water holding capacity and pest, disease and weed control were
230 reported in the IF category [11], other ecosystem services were still not reported. Perceived ecological
231 trade-offs like nutrient loss were reported by most respondents due to nutrient competition on the
232 same piece of land compared to respondents in support of soil fertility improvement. This could
233 imply that CFP application under IF still lacks localized proof and scientific evidence for
234 implementation in favor of ecological benefits [59]. The most economic trade-offs involved CFP
235 application were in form of management complexities and high resources which connects with [40,
236 10]. More to this are the knowledge requirements reported which are in relation to a recent study
237 conducted in Uganda [81].

238 Irrigation, nutrients, pest, disease and weed management during CFP implementation require
239 proper attention before implementation across various farming systems because these are the
240 ultimate determinants of sustainable farming systems. This study suggests that increased ecological
241 benefits under combined CFPs although this requires increased economic investment which is not
242 readily available for small holder farmers in cooperatives whose core focus is to earn a livelihood.
243 Our study provides a basis for CFP application in cooperatives and on grounds of presented positive
244 effects. As far as trade-offs portrayed herein are concerned, attention of great significance in specific
245 contexts of implementation is needed. Since CFP application is quite labor intensive, this could
246 promote more gender inequalities since women are the most involved in farm work compared to
247 men [79]. This requires careful consideration for the community of practice and smallholder farmers.
248 Our study focused on crop land management as a major production factor of the farming system and
249 the interaction of the system components (Figure 6). Other GHG production factors such as; water
250 use, energy use, labor, capital and other inputs of the farming system small holder households need
251 consideration.



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Figure 6: Illustration of how CFPs can contribute to a climate smart an agricultural farming system

254

255 5. Conclusions

256 In this study, the following CFPs were identified and categorized under three farming systems;
 257 compost, manure and biochar under organic, no/reduced till, crop residues, cover crops and crop
 258 rotations under conservation and intercropping, agroforestry, agropastoral and agrosilvopastoral
 259 under integrated farming systems. The main positive CFP ecological effects were carbon
 260 sequestration with varying sequestration potential. The main economic effect was increased yield
 261 which also varies per CFP, crop grown and farming system. The main trade-offs were increases in
 262 high investment requirements required for CFP application amongst small holder farmers
 263 cooperatives.

264 From the field survey we found that compost and manure were the most applied CFPs (54%)
 265 under organic farming, multiple CFPs under conservation farming were applied most and
 266 simultaneously (32%) while intercropping was the most applied CFP (50%) under integrated farming.
 267 Dilemmas about right and consistent organic amendments quantities and supplies need to be solved
 268 in order to further advance the application of CFPs amongst crop cooperatives in Uganda.
 269

270 **Supplementary Materials:** None

271 **Author Contributions:** Both researchers were jointly involved in the conceptual and technical design of the
 272 research.

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274 **Conflicts of Interest:** The authors declare no conflict of interest.

275

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