

Project team:

Judith Korpershoek - mentor Daryl Mulvihil - committee member Charles Hueber - committee member

Graduation Project by

Nedyalko Balev

"To provide meaningful architecture is not to parody history but to articulate it." Daniel Libeskind

Echo of history



"Do you remember back in the day when?"

A common line amongst many Bulgarians who long for the past when "things used to be better". In Bulgaria "the past" refers to the Socialist regime when everything was more strict and there was less freedom. However, some things did work better.



Tradional folklore dancing as part the PE lessons in school in the past

"Здрав дух в здраво тяло" [zdrav dugh v zdravo tyalo] is Bulgarian for Mens sana in corpore sano

Bulgaria's past holds many world recognized achievements, discoveries, contributions etc. in many different fields, most of which happened under Socialist rule. One of those fields is sports.

Sports was an integral part of everyone's life, almost like a daily routine. It was present and visible everywhere and good health was a must for people. During those times Bulgarian athletes were peaking in a variety of disciplines and competitions, bringing back medals and setting new records some of which still unbeaten.

For many people those achievements brough a sense of belonging, national pride as well as a shared motivation to perform better themselves in sport disciplines.

| M | len | ta | lity |
|---|-----|----|------|
| M | en | ta | lıty |



Bulgarian Women Basketball Team,1980 Silver Medal, Olympic Games - Moscow Yordanka Donkova, Gold Medal, Women`s 100m Hurdles Olympic Games Seoul, 1988 Stefka Kostadinova, World record for Women`s high jump, 1987

Sports and physical education was the window front of Socialism and our tiny country was achieving great success on a daily basis. Champions, world records and victories were something common at the time.

Peak times were reached at the 1988 Olympics in Seoul when Bulgaria was ranked 6th in the world by number of medals and honors received – 10 gold, 12 silver and 13 bronze medals over a variety of disciplines.

Achievements

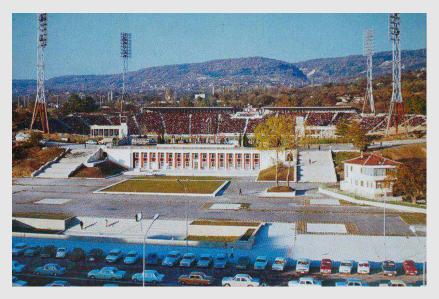


Bulgarian statesman Todor Zhivkov celebrating together with athletes

During the Socialist regime sporting events were used as a means of political bonding as well. Participation in international events were very important especially after WWII for every country. Of course this brings up much excitement not only for the participants but for their fellow country men and women too.

Between 1962 and 1988 Bulgaria had a curve of going only up on both Global and Local international events: ranging from friendly "Border football" games between neighbouring cities on each side of the border to the golden medals of the Olympics.

Pride



Yuri Gagarin Stadium, Varna



Palace of Culture and Sports, Varna

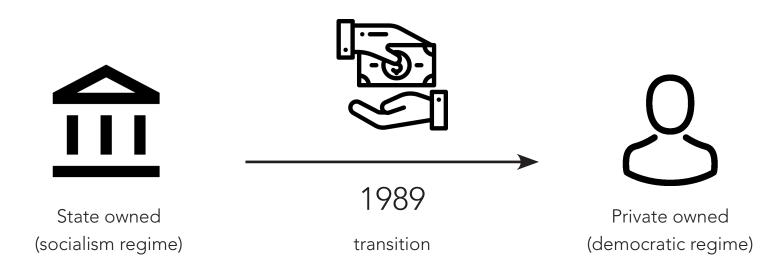


Chaika swimmin pool, Varna

Of course, to stimulate such passion amongst the citizens, in an era before the mass communication, architecture was one of the tools used to create the grandeur and status of sports.

Unique and distinguishable architecture was on display in the city in the most prime locations to celebrate the importance of sports.

Architecture



During the change of regime between Socialsit and Democratic many different establishments were sold by the state to private owners and investors: factories, certain businesses or establishments, and sport facilities were handed out on auctions. People`s prime interest of course was to obtain potentially succesful invest-

People's prime interest of course was to obtain potentially succesful investments, and unfortunately, the sports facilities were not amongst the first to be selected, nor did they hold the financial potential at the time.

Change



abandoned Tennis hall at Pochivka, Varna



"Chaika" Swimming pool, Varna



The new Yuri Gagarin Stadium, under construction for 15+ years

This resulted in many acquired assets, but no actual interest in continuing their function and use. Many of the buildings have been left to chance with possible future intentions but no actual work done on them.

This creates a sad image of buildings that used to be monuments of glory and places where people would share passions and emotions to sports together, now decaying and becoming ruins of a past era. Leftovers



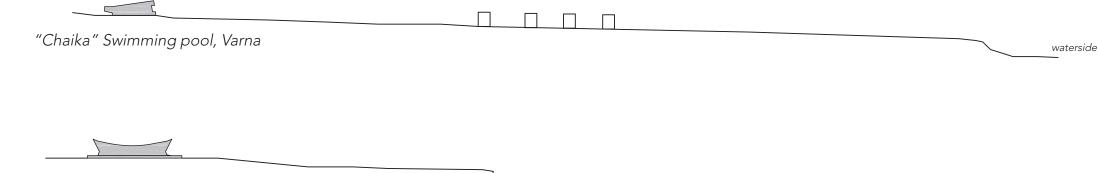
However, these buildings would still provide an interesting point of view to look into the subject of developing sports in the city.

In the time when sports was more emphasised these buildings would often receive a well connected and easy to reach location along a main route, mostly in the developing parts of the city along the coast and the newly developing neighbourhoods and around the Sea Garden park.

Inspiration Location



abandoned Tennis hall at Pochivka, Varna



waterside

Palace of Culture and Sports, Varna

Not only were they easy to reach, but all of them had an emphasised direct relation to the sea. Most of them would be put on a piedestal to overlook the water or in some cases the city and then the water.

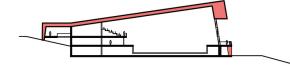
This gives the buildings a certain status of importance and would make the experience pleasant for both athletes and visiting audience. Inspiration Relation to Sea

Echo of Histburge

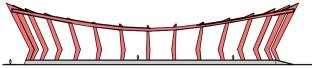




abandoned Tennis hall at Pochivka, Varna



"Chaika" Swimming pool, Varna



Palace of Culture and Sports, Varna

Last but not least, all these buildings would have very expressive structure which gave them character and distinguishable sillhoutes.

This aesthetic also comes from the fact that having the structure on the outside which would mean that the space inside would be unobstructed and free for sports and other cultural events.

Inspiration Structure

So can this former apreciation of sports be restored through architecture?

With recent developments in the city a new opportunity rises...

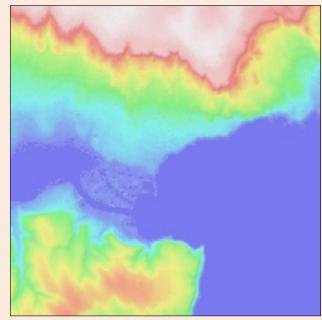
Echo of the city



Varna municipality 100km



Varna city limits

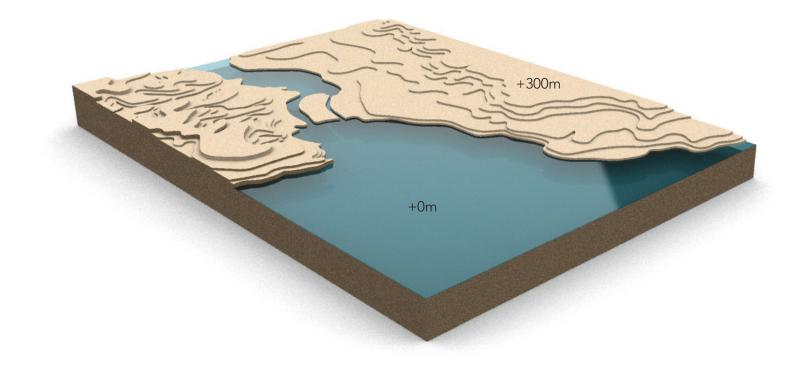


Varna gulf Topography

The city of Varna is located on the Black Sea and it is the biggest city on the coastline. It is a famous summer holiday destination for Bulgarians and foreigners alike. The city is one of the oldest on the Balkans, making it a cultural center, that holds a lot of history adjacent to the contemporary feel and look we experience in the newer parts.

Varna is located on two opposing hills that slope down to a natural gulf and an inland lake. In the lowest part near the sea you can find the City centre and the industrial harbour which the city was developed around

Location Geography



Interesting about the city of Varna is the theatrical layout created by the the canal waters in the center.

Varna is located in a region full of plateaus cut by rivers that flow into the sea. Both sides of the plateau are approximately 300m above sea level in their highest. The lowest point is the harbour and the site location.

The resulting landscape creates a steep hill on the South and a more sloped hill to the North which are looking across at each other.



Location Topography



Tourism





Education

Work services

Location Why Varna?

Echo of The City

The city is an attractor for many external people from all ages and origins.Varna is a famous summer destination that invites many westerners each summer season as well.

Technical University Varna, University of economics, the Medical university and the Varna Freee university attract young people not only from the local smaller municipalities but also from all over the country as well as many internationals.

Growing work sector in IT provides more jobs so young people are willing to live in the city after they finish their studies.



interest towards city

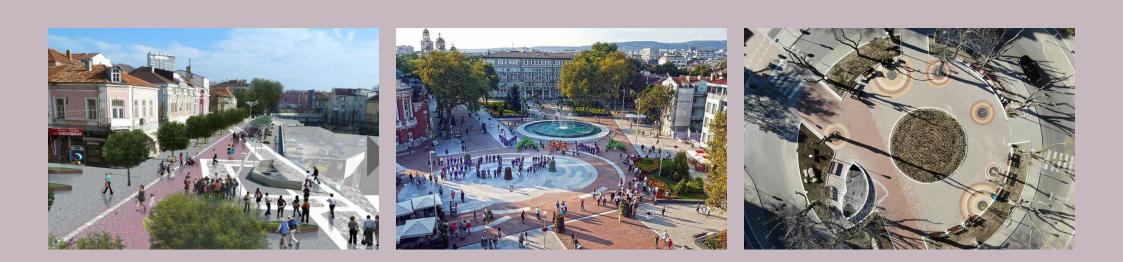
adding more housing to city

No new public spaces

With the growing interest towards the city there is new housing being built in the inner parts of the city, apart from the outwards grow. However putting more residents close together demands extra public space because it creates densification

No new public space is being created to provide more room for more inhabitants.

Location Problem



City centre public space

Square public space

redesigned a small street - car to pedestrian

Location Opportunity In the last years many public spaces have received a fresh makeover making them very attractive and improving the overall appearance of the city centre.

However, not many new public spaces have been introduced to make up for the increasing number of residents in the city. During summer the extra ammount of people that visit the city can peak to around 1.5 times the average population.



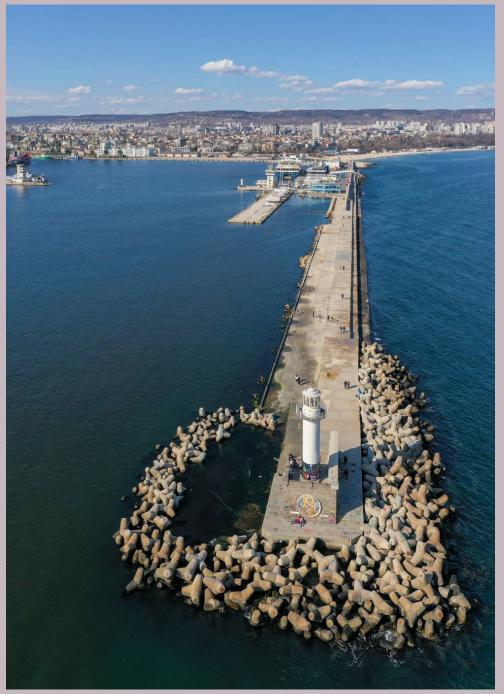
Varna Harbour and surroundings

Visibility

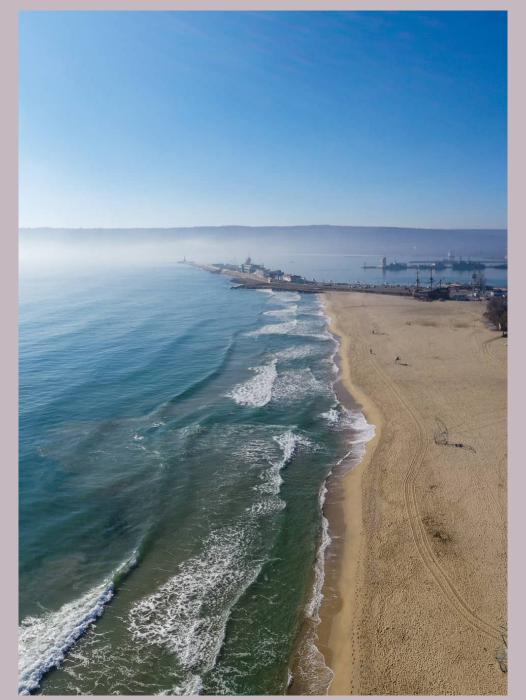
Easy to reach within city

For the first time since its construction, the industrial harbour is giving back space to be used as public space. This is a unique opportunity to transform a crucial piece of land into what could be the next most important public space in the city.

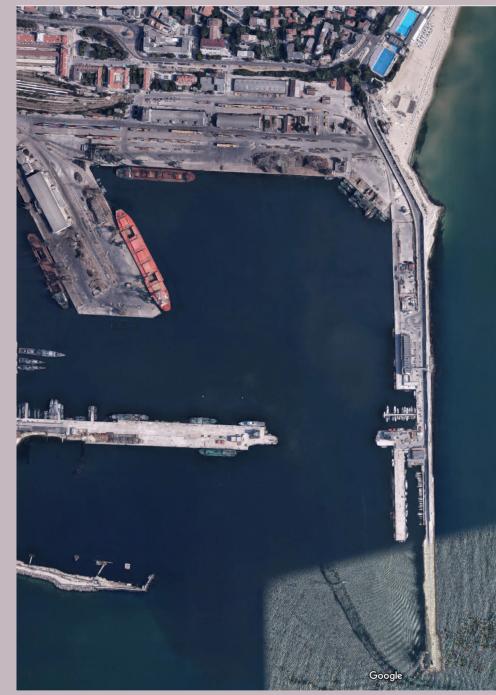
Its central location is not only visible and recognisable from almost any point in the city around the water, but also offers new access to the water right in the heart of the city. It is easy to reach, and home to the infamous jetty, the central beach and the pool, which all make it a valuable destination. Location Opportunity



The Lighthouse at the end of the jetty



Varna central beach Jetty in the background



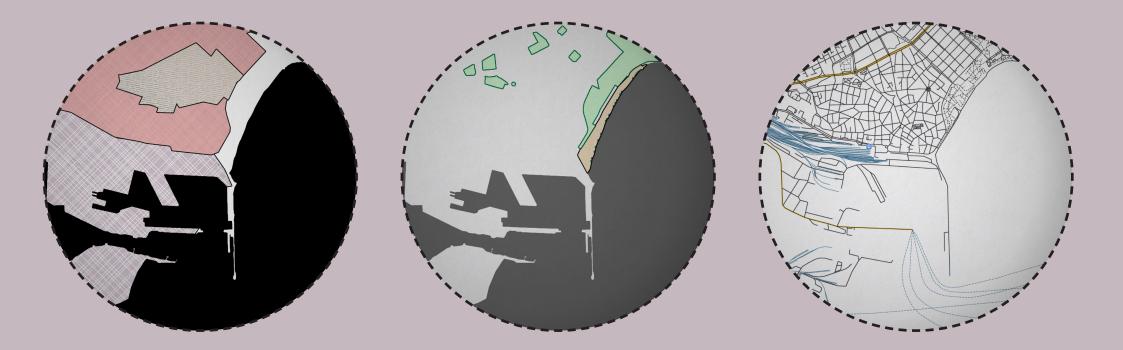
Varna harbour in the past



Varna harbour with the new public space being introduced

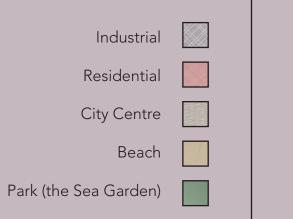


Varna Harbour and surroundings

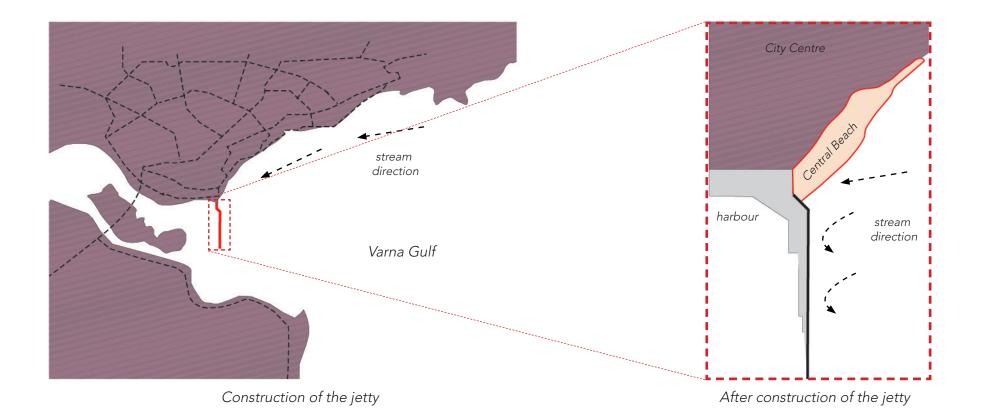


Since the city naturally evolved around the harbour at first, as a place of trade, travelling etc., the surroundings feature a well developed industrial part, a historic residential part, the city centre and the famous Sea Garden park.

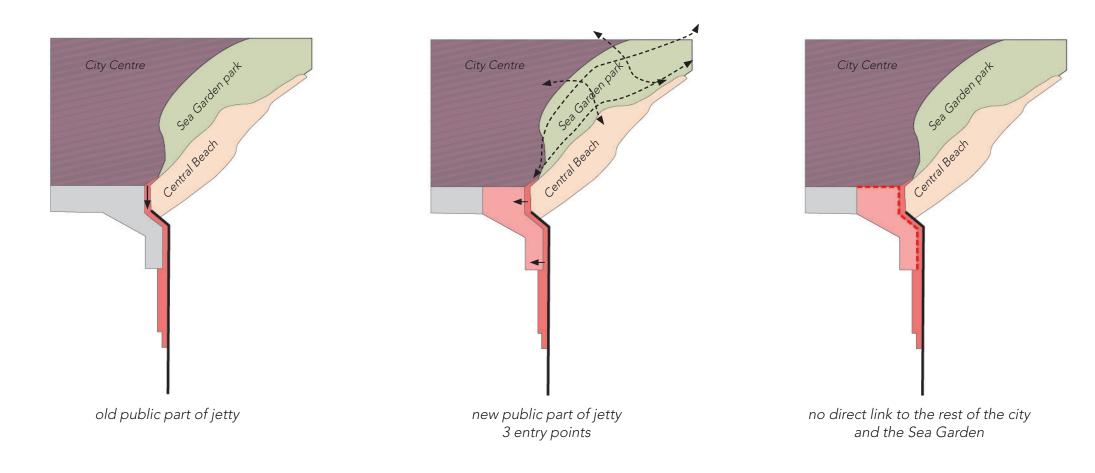
Of course the harbour is well connected via all means of transport: road, train, by sea which means the same for the adjacent areas making it an easy to reach and central location.



Site Urban zoning







This also led to the creation of the Sea Garden - the largest park on the Balkans adjacent to the waterside. A prime location for walks and a natural transition from the city to the beach. It offered many look out points, paths and various functions that added a lot to the city centre and beach area.

The newly claimed public space of the jetty is located simply on the other side. However, due to the original difference in functions the two areas are disconnected physically. Site

Jetty



Sea Garden Design

Direct path to the seaside and the mudbaths

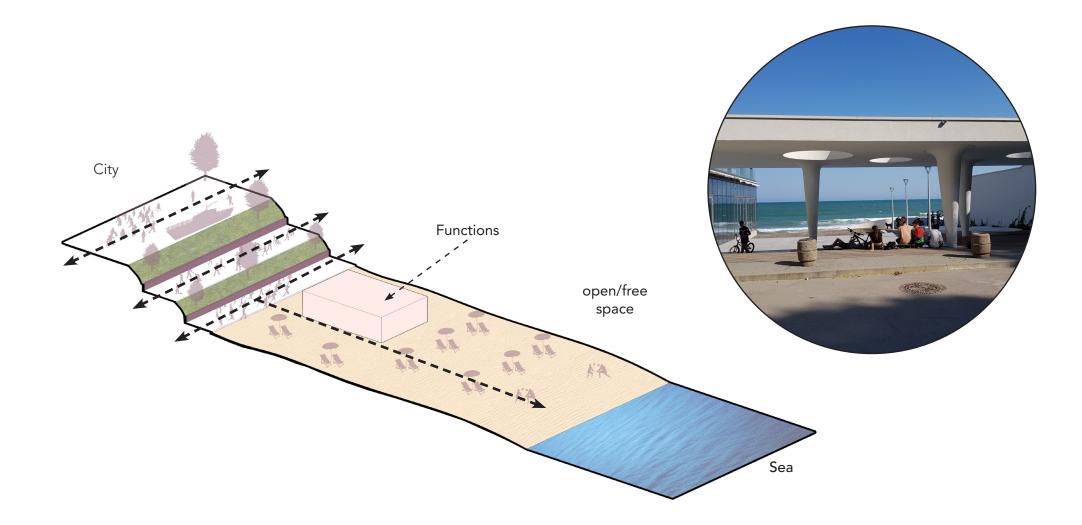
The double concrete bobsled racing track

Sea Garden Analysis

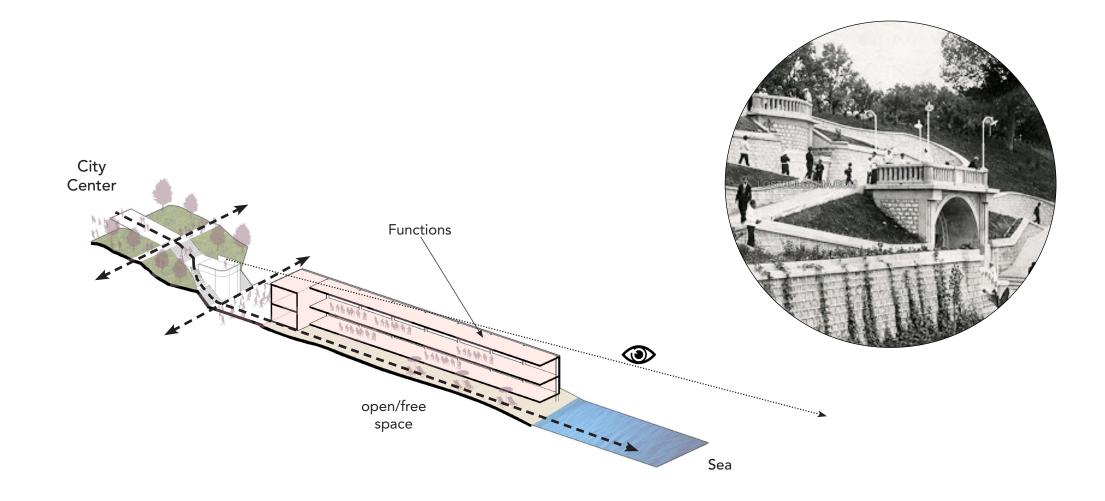
Echo of The City

The Sea Garden was created between the city centre and the beach. It's purpose was not only to provide a park area and new public space, but it also creates a soft transition between the city and the seaside. With the new public beach being constructed, the Sea Garden's importance grows further.

Program is introduced in the park such as concert and performance stages, the zoo, the infamous bobsled ride which took advantage of the height difference in the landscape and other such attractions.



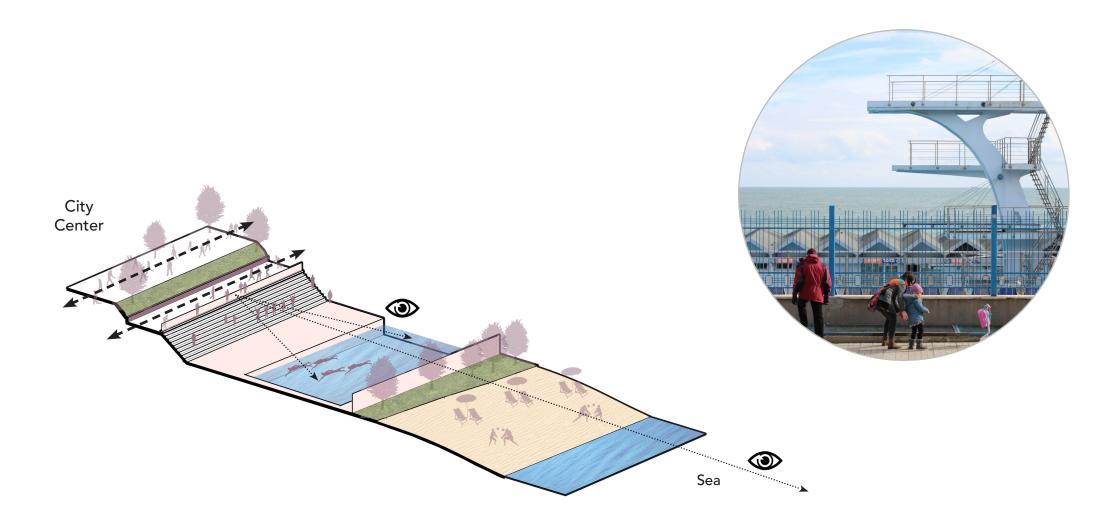
The stepped landscape of the Sea Garden allows for multiple interaction opportunities within itself, with the program inside of it, but also with the beach and the sea. This happens by creating numerous opportunities and angles for views towards the water, overlooking the beach and looking at the opposite shore of the Varna gulf where the rest of the city is located on a hill. Sea Garden Analysis



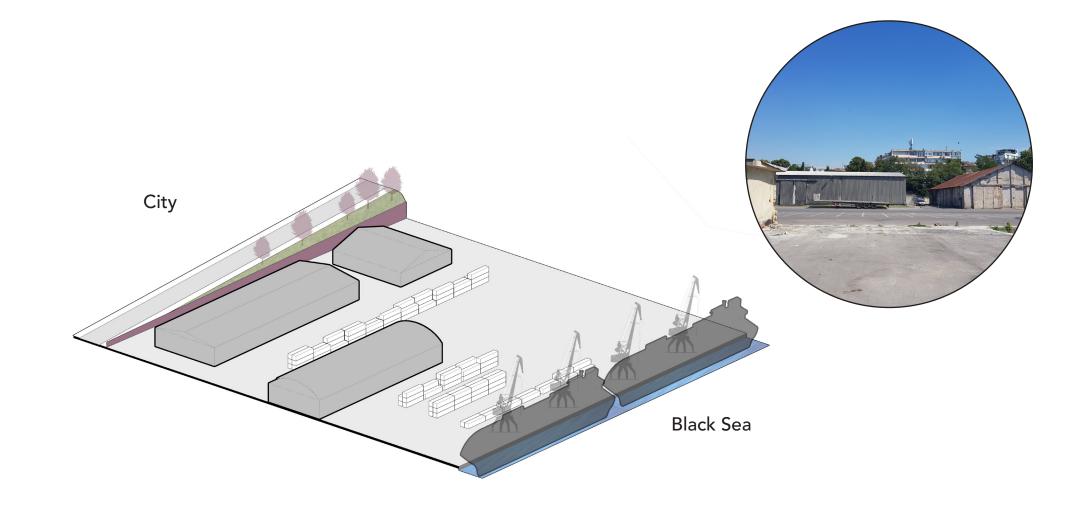


The Sea garden also creates various transitions in the landscape and some of them through the functions, eventually leading to the beach.

Sometimes it is a gradual slope following a parralel line to the shore, and sometimes it is a direct cut with an expressive walkway or stairs which take you directly to the water.



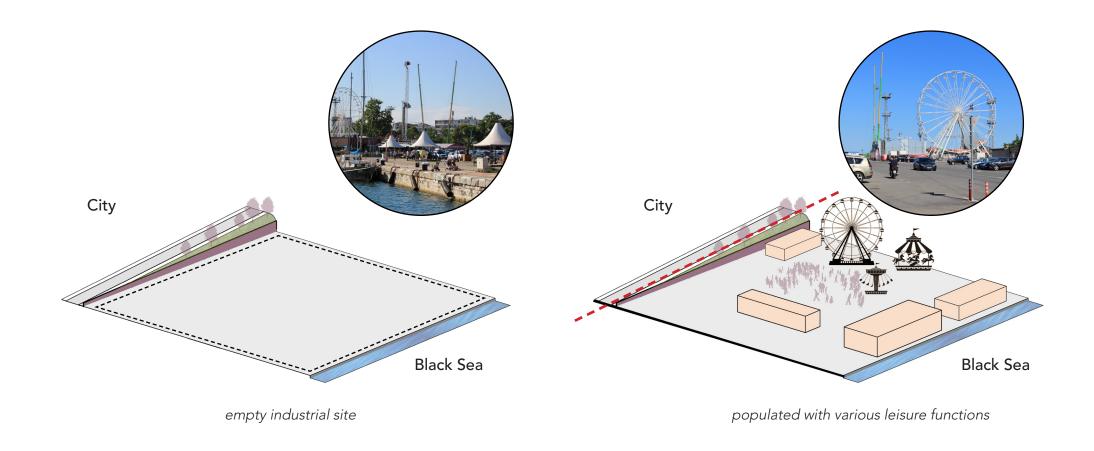
A lot of moments in the Sea Garden park also create opportunities to observe the functions on the beach without interacting. People stop for a few minutes and then continue on their journey, jog, biking, dogwalking etc. The various routes offer a look into the famous Primorski Swimming pool for example. But also in some places you can look over the mudbaths structure directly into the bars, or the people visiting the beach. Sea Garden Analysis



Harbour

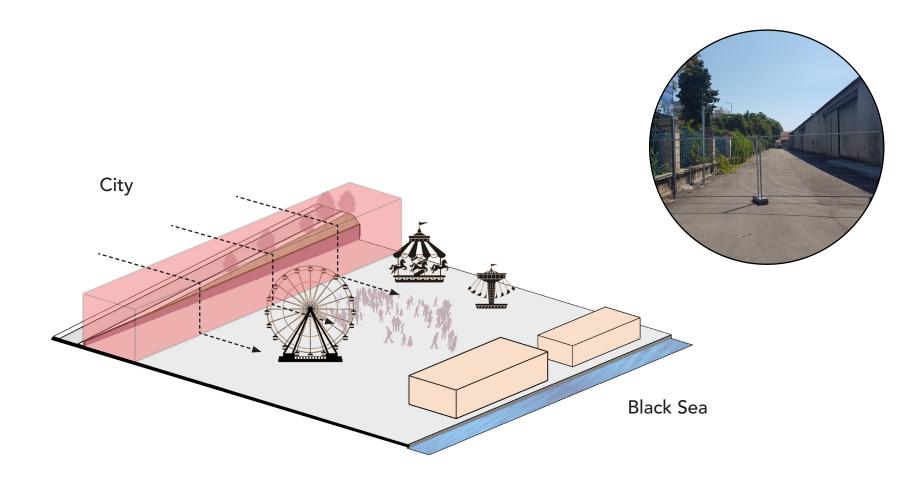
Analysis

The industrial Harbour, however, is intentionally designed to be at the level of the water, making it neccessary to create a 10m height difference with the close city context. This is also used as a natural barrier between the residential part and the industry. The harbour could be entered via 2 controlled access points. Until recently it was full of shipping containers and cranes unloading them from transport ships.



Now the site of the harbour has been emptied and new public functions have been introduced around the water. Restaurants at the water edge and other types of entertainment behind them now populate the empty industrial site, making it an attractive and new place for everyone in the city.

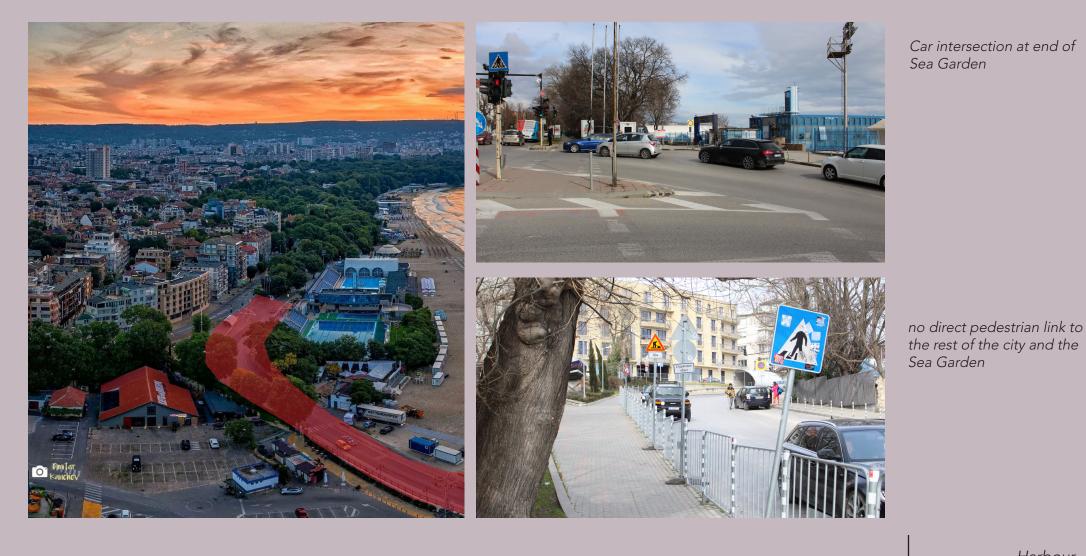
However, it is still very much disconnected by the huge height difference and does not feel a part of the city centre. Added to that the functions being introduced have no cohesive or overall strategy, but are more filling up epmty space whereves possible. Harbour Analysis





Intention

My desire is to create an inclusive design that makes the transition between city and industrial harbour via architecture. A building that only populates the empty site but opens it up to the city centre and the Sea Garden and invites inhabitants and visitors alike to the newly opened up public space at the harbour.

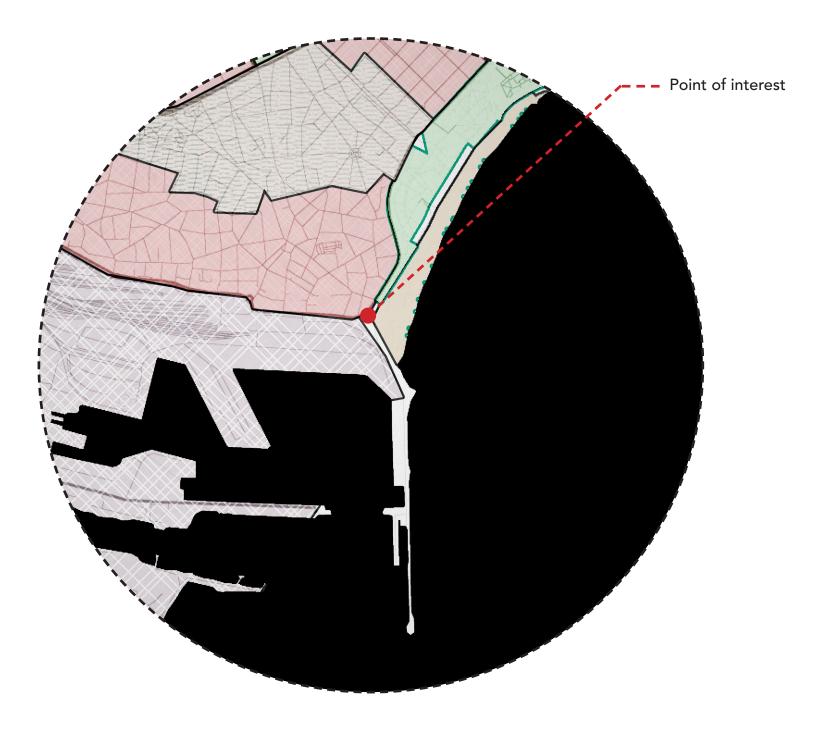


Car intersection at end of Sea Garden

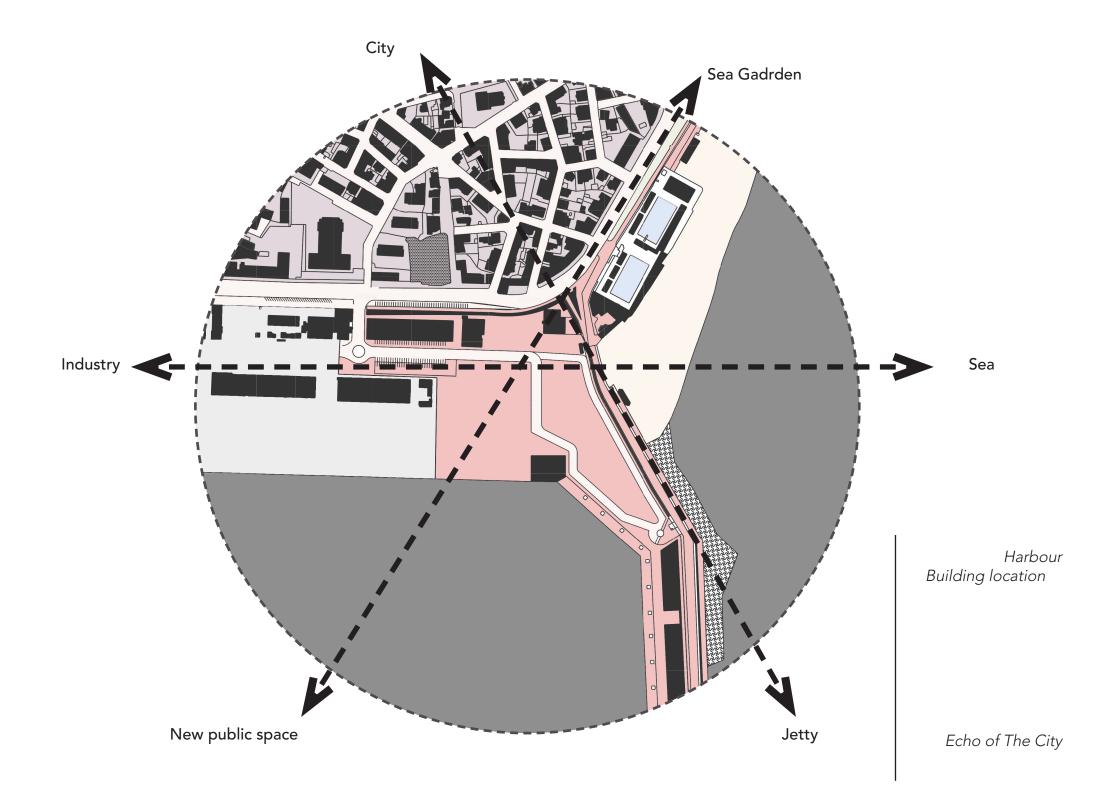
> Harbour Building location

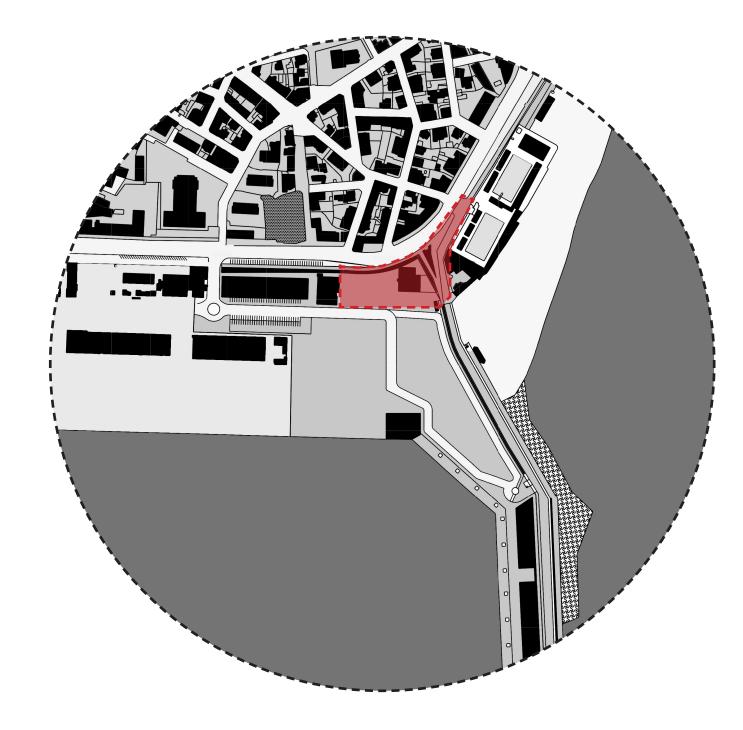
The Sea Garden arrives at an old intersection for cars which leads to the old public part of the Jetty and the Sea Terminal at the end. The road has always been an obstruction and does not feel like a natural ending of a park. Now with the new public space located just 100m from the end of the park, this connection becomes much more important for the pedestrians than the car. Furthermore a new route has been opened for the cars, making this one even more obsolete.

Echo of The City



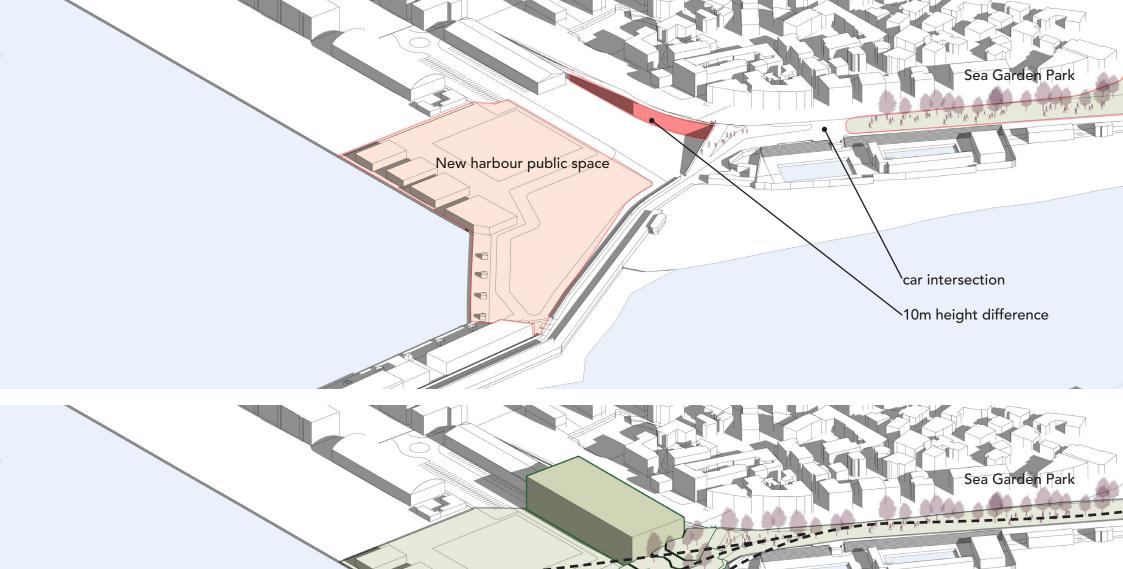
Harbour Building location





Harbour Building location

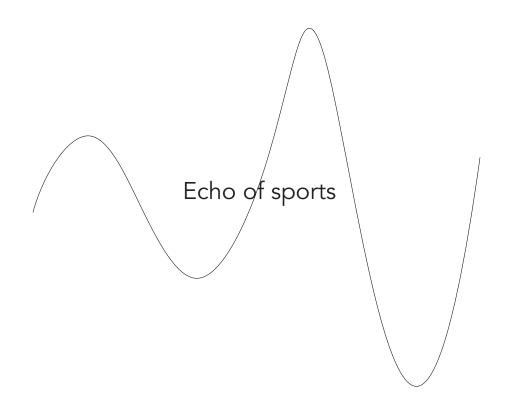
Echo of The City

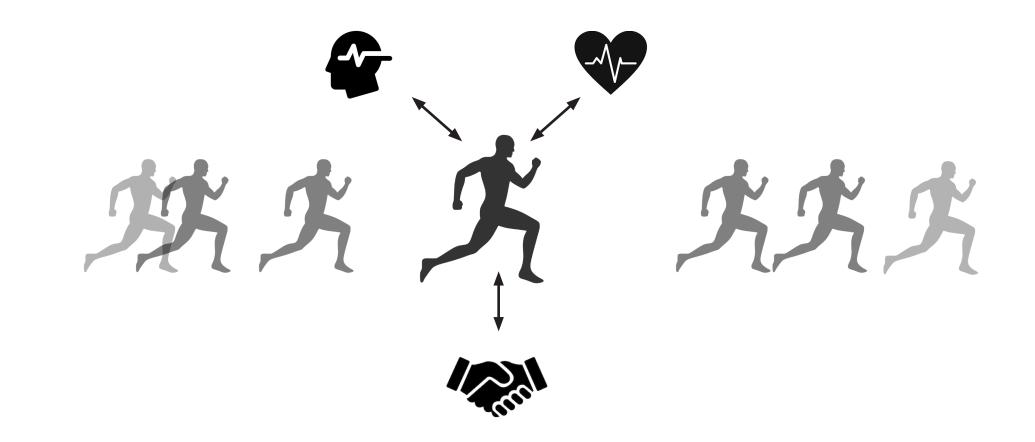


Replace intersection with landscape Replace height difference with building Connect the new public space to the old



Concept image





Mental

Practicing sports is not only important for the physical benefits and physical conditioning of one's body. It also greatly affects the mental state, the overall perception. But practicing sports is not only about excelling in a specific discipline. It promotes pro-social behavior and cooperation. It creates a situation of teamwork or rivalry under specific conditions, at the same time it creates awareness of one's self.

Being better at sports means to always overcome yourself in the end. This is a positive mental construct which in general leads to a more positive social interaction – one more prone to acceptance, learning and respect.

Echo of Sport

An intensive study by the "International Journal of Behavioural and Nutrition and Physical Activity" on sports` positive effects on children looks at publications from the 1990 until 2012 and reveals many results that show undeniable benefits of practicing sports. These are measured in different ways, criteria and provide different insight based on the specific tests, target group and research.

"It is recommended that community sport participation is advocated as a form of leisure time PA for children and adolescents, in an effort to not only improve physical health in relation to such matters as the obesity crisis, but also to enhance psychological and social health outcomes."

article: A systematic review of the psychological and social benefits of participation in sport for children and adolescents: informing development of a conceptual model of health through sport , (2012)

"Exercise offers physical benefits that extend over multiple body systems. It reduces the risk of multiple disorders, including cancer, and is therapeutic for physical disorders ranging from cardiovascular diseases to diabetes to prostate cancer."

(Khaw et al., 2008; Ornish et al., 2008)

Exercise has been defined as

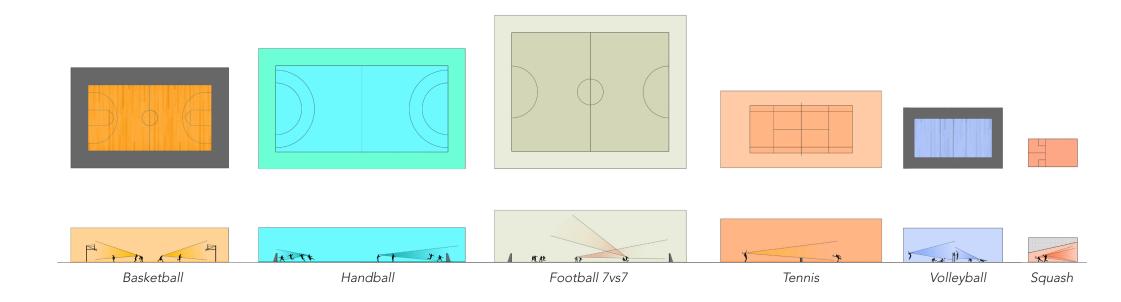
"a healthful, inexpensive, and insufficiently used treatment for a variety of psychiatric disorders."

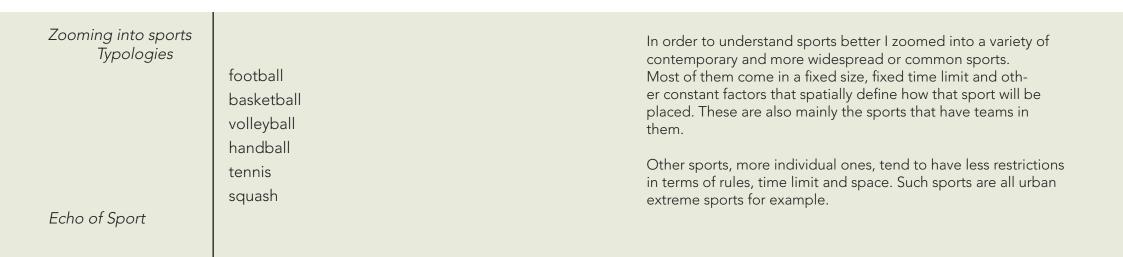
by the Harvard Mental Health Letter ("Therapeutic Effects," 2000, p. 5)

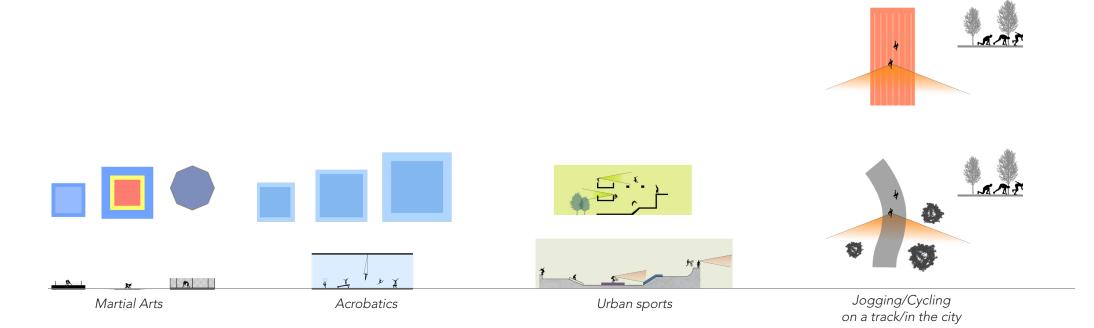
An extensive research funded from the Culture and Sport Evidence programme in England studies the effects of sports on numerous social factors such as:

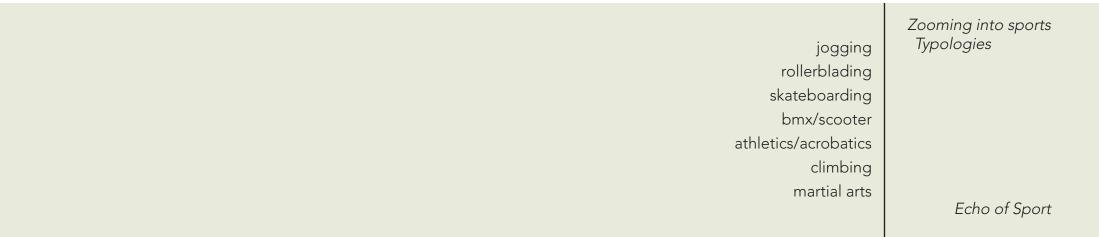
Health, Welbeing, Crime, Capital, Education and sub-social groups - age, gender, multicultural etc.

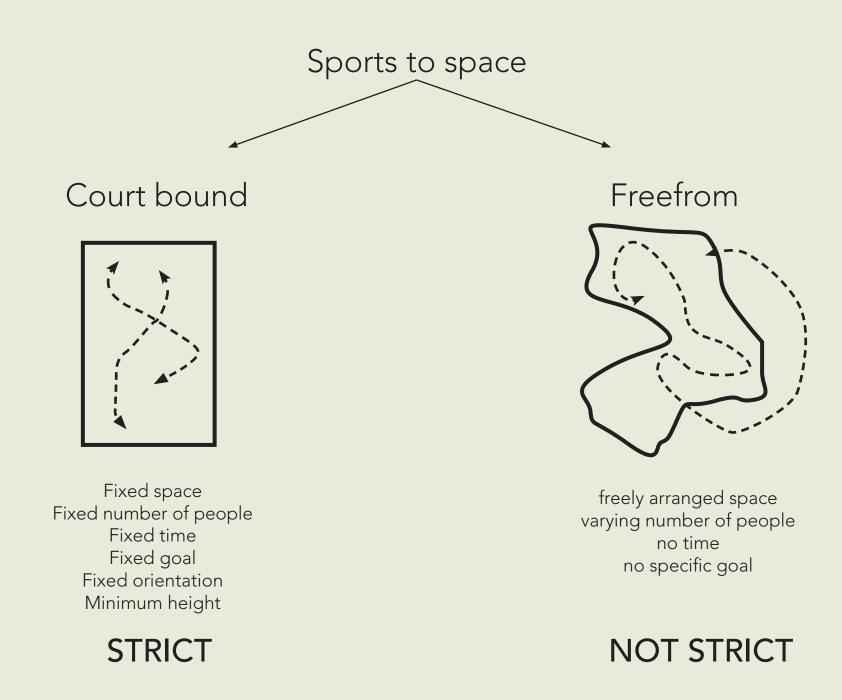
A review of the Social Impacts of Culture and Sport (March 2015)

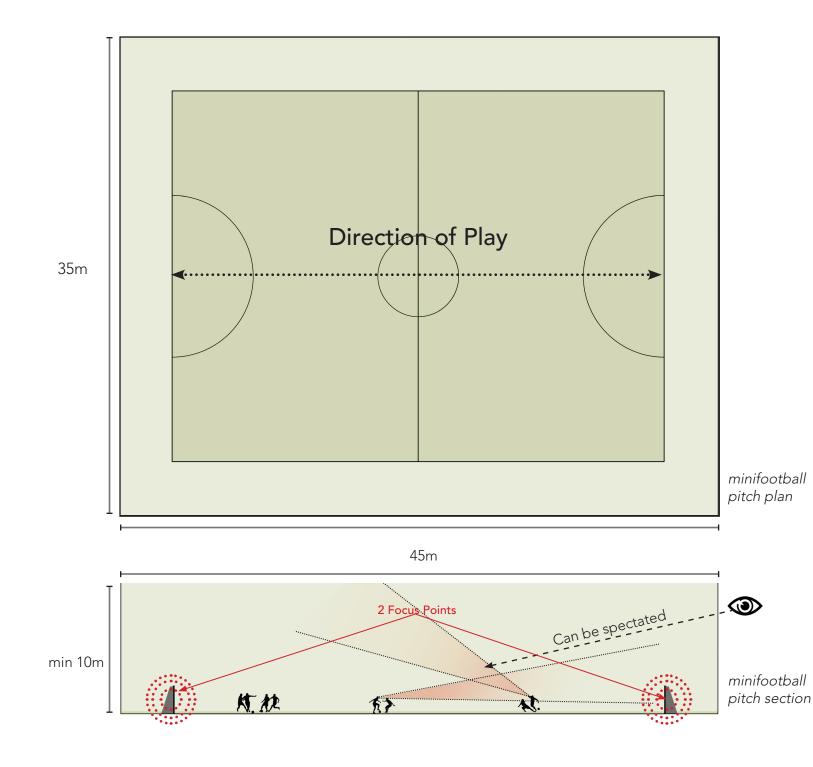








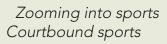


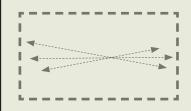


Courtbound sports Minifootball 7v7

Minifootball is a very common urbanized version of the classic sport, where the field has been shrunk to fit more easily as well as provide a smaller playable version for non professional players.

Again, as the other court based sports, with a fixed time and goal, the football pitch can be scheduled for its use, by certain numbers of people, for certain periods of time. This puts the focus inside the field entirely for the duration of the game.





Echo of Sport

Vertical sports Climbing

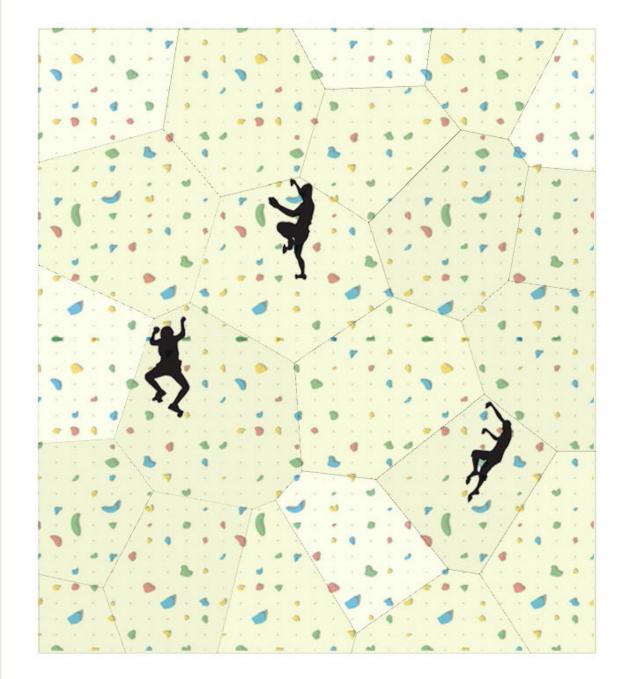
Bouldering or climbing is quite an individual sport both in practice and in self development. Climbing halls are usually open for visiting wiht no timeslots and are personal to everyone.

Bouldering has no time limit or fixed size. The course is meant to be diverse and challenging and can even be altered over time to create new obstacles. It requires a lot more vertical space than other sports and can be a place of social interaction both for climbers and visitors.

Zooming into sports Vertical sports

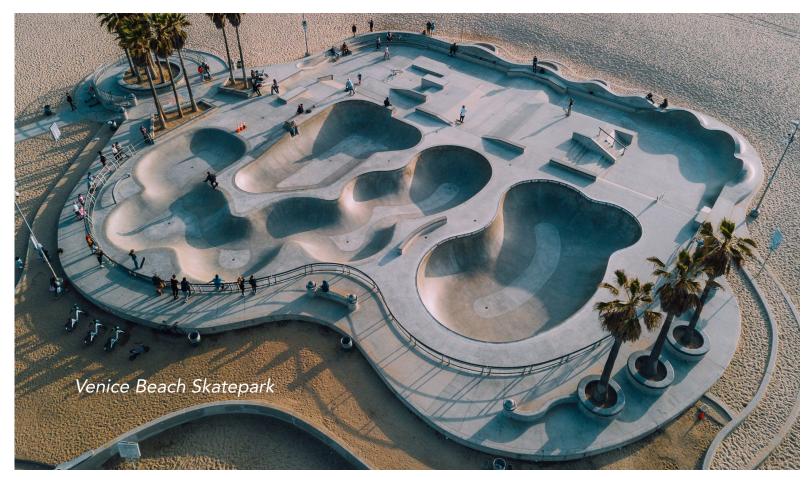


Echo of Sport

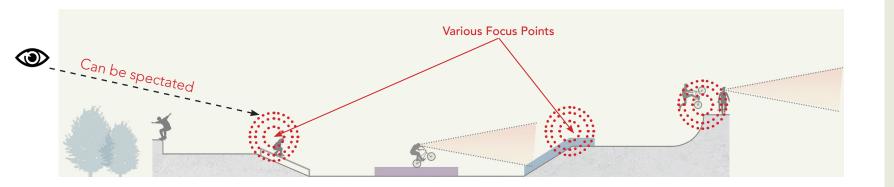


no fixed area dimensions, or shape

requires substantial vertical space



no fixed dimensions, or shape of skatepark

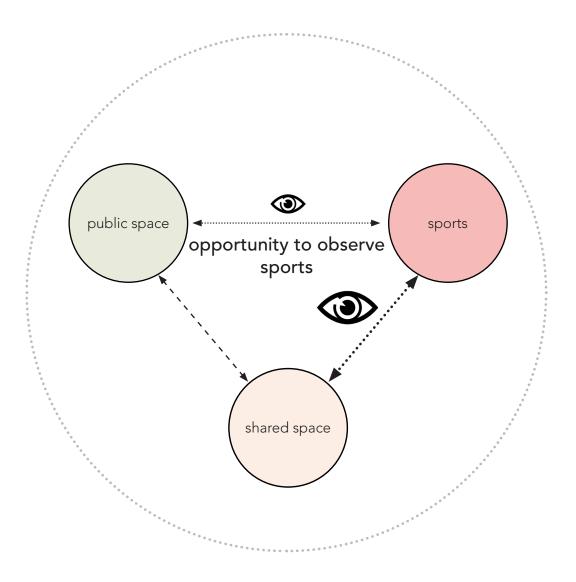


Freeform sports Urrban(street) sports

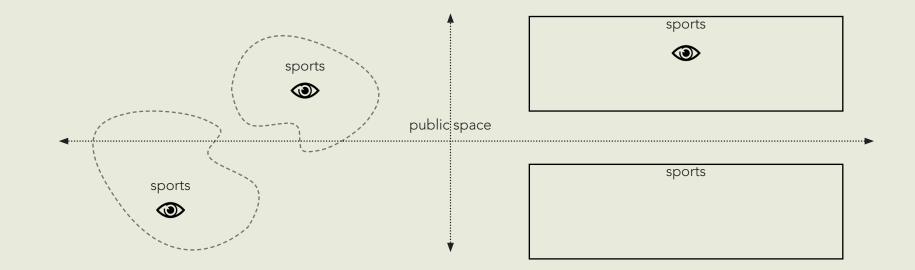
This group of urban sports originated from using the city as a playground. Originally overcoming various urban elements such as edges, stairs, walls etc. means there is no fixed course or even goal. No boundaries are needed and quite often skateparks flow into urban space or just sit in the urban landscape.

Using the course also comes in turns, so participants have time to look around, take a breath and enjoy the view. Skateparks use change in level to their advantage

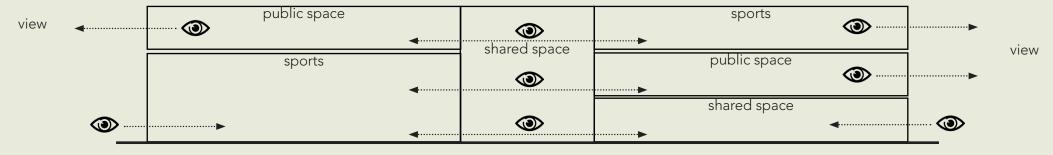




Programme Distribution principle



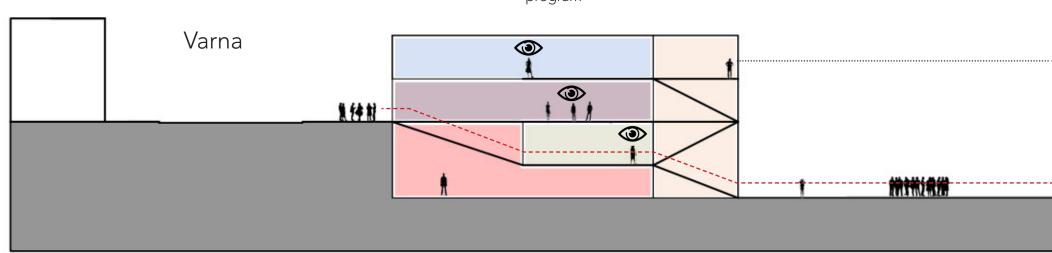
principle pans



principle section

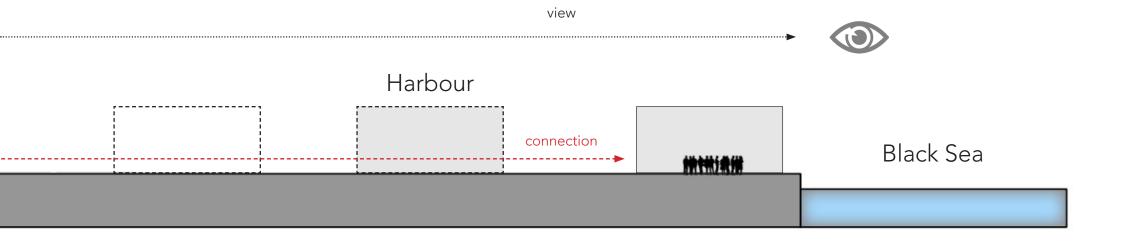
Design resonance

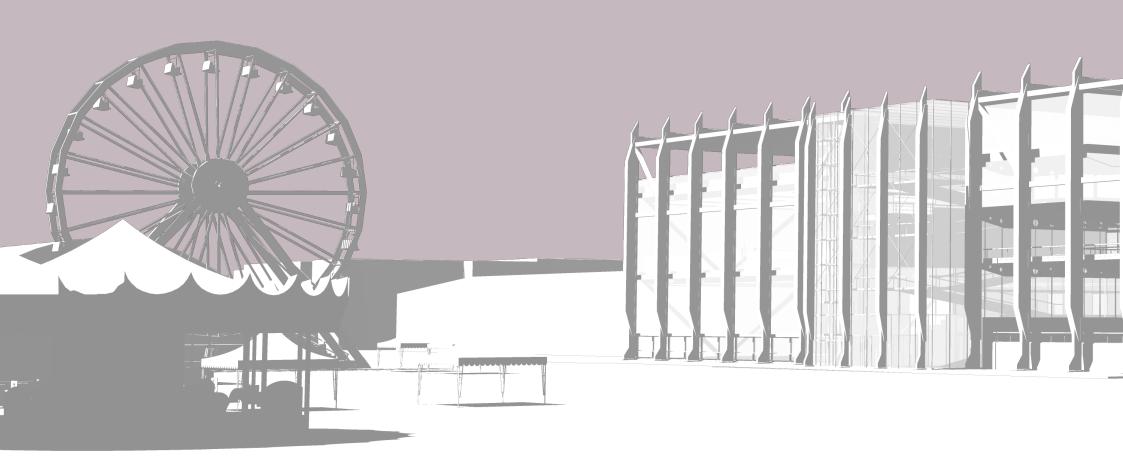
Conceptual Section

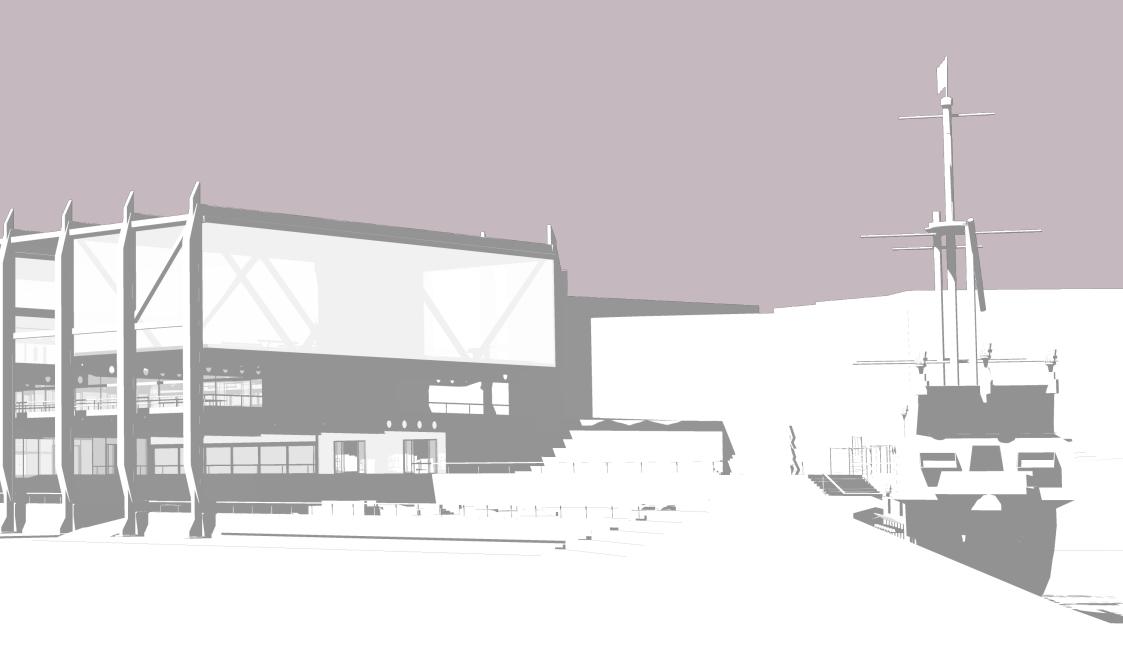


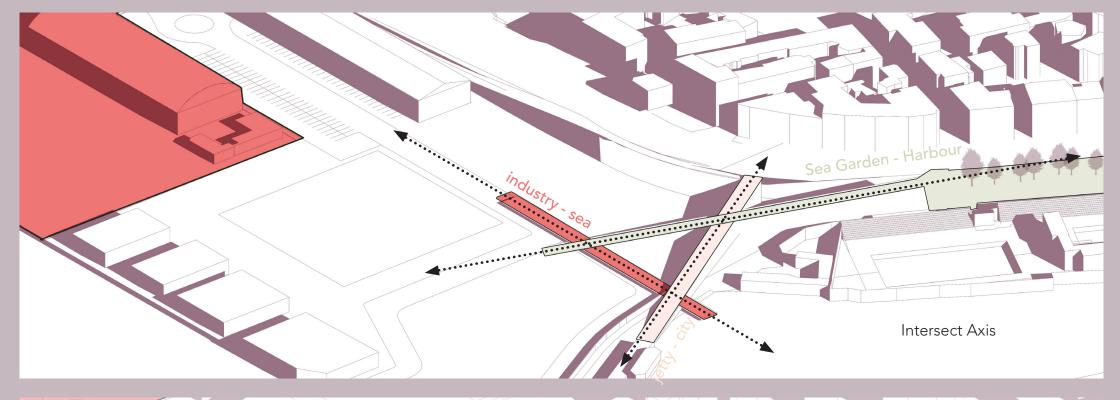
program

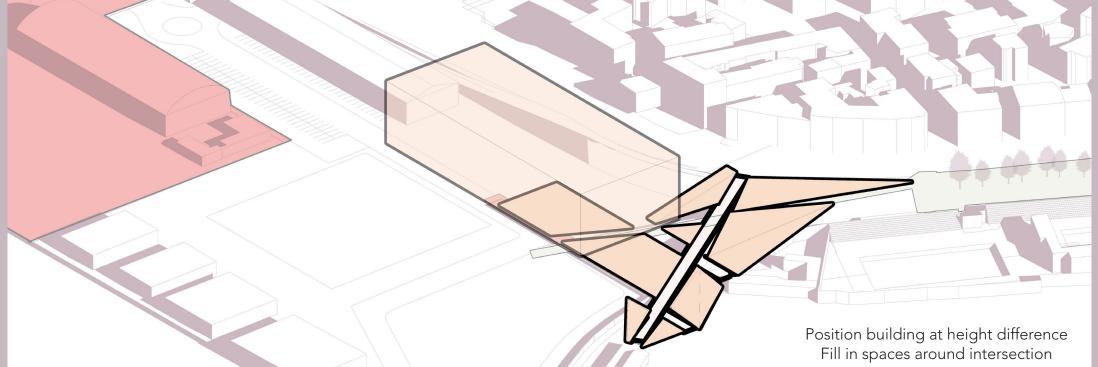
- Connect city to harbour
- Create opportunities for views
- Add functions and program in that connection

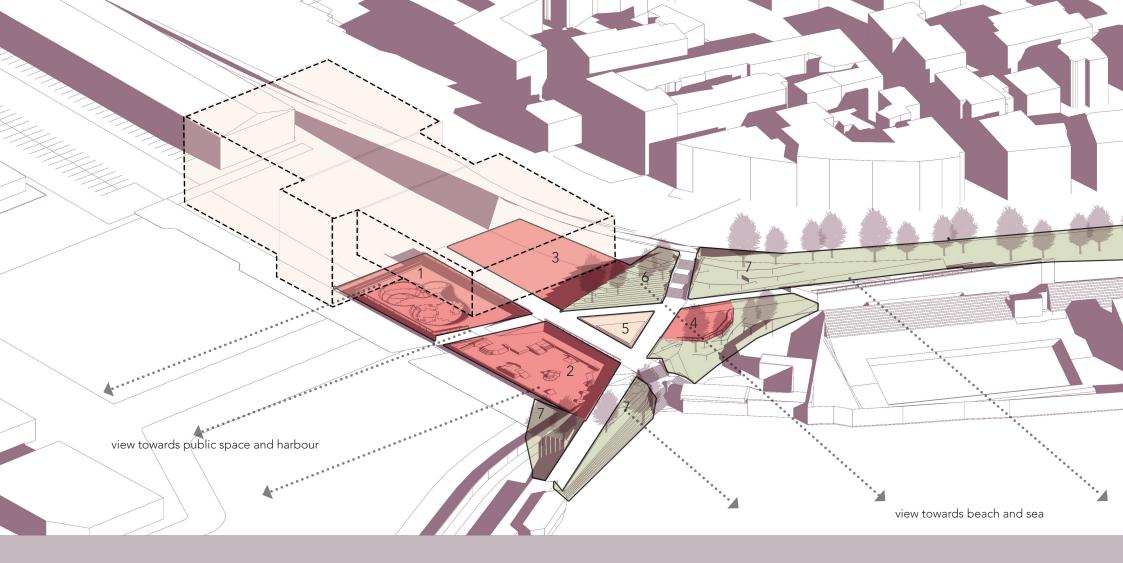










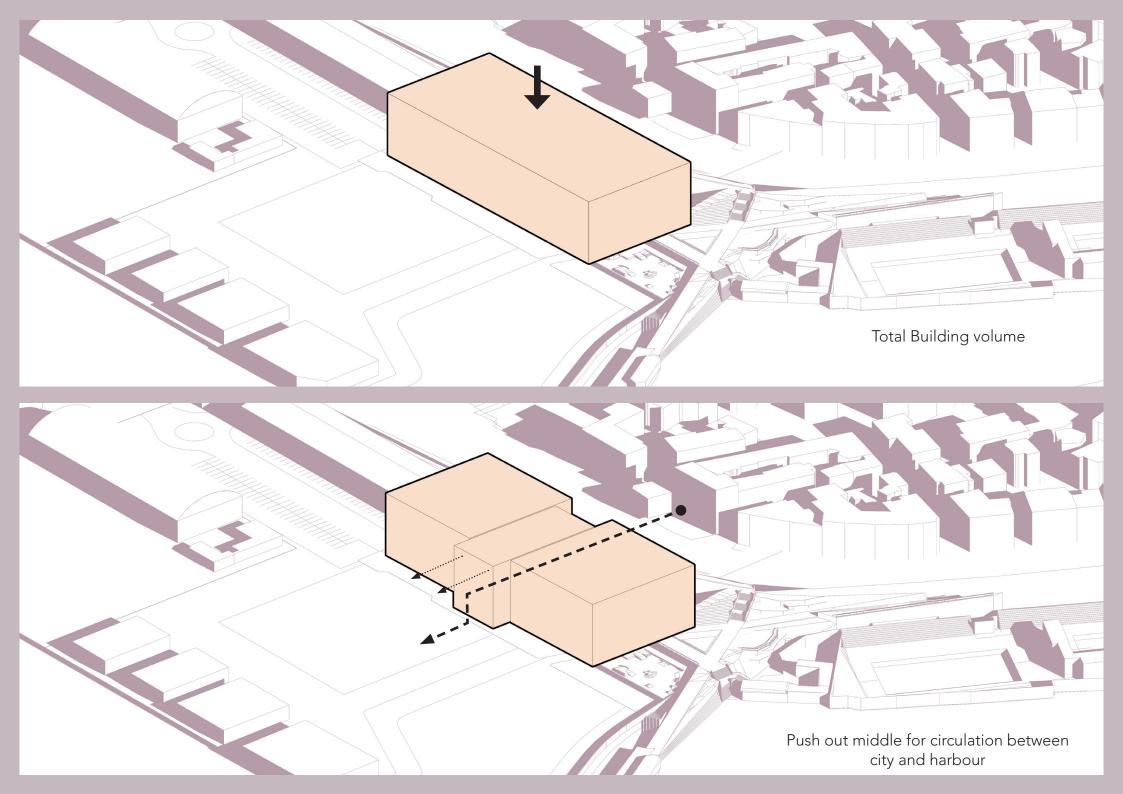


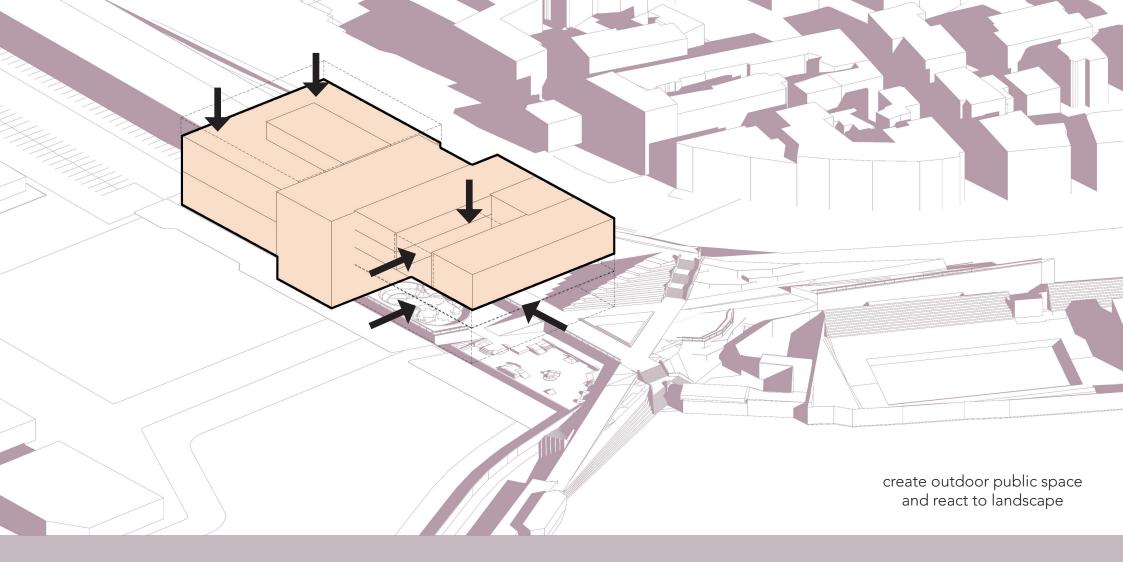
Now the site of the harbour has been emptied and new public functions have been introduced around the water. Restaurants at the water edge and other types of entertainment behind them now populate the empty industrial site, making it an attractive and new place for everyone in the city.

However, it is still very much disconnected by the huge height difference and does not feel a part of the city centre.

Legend:

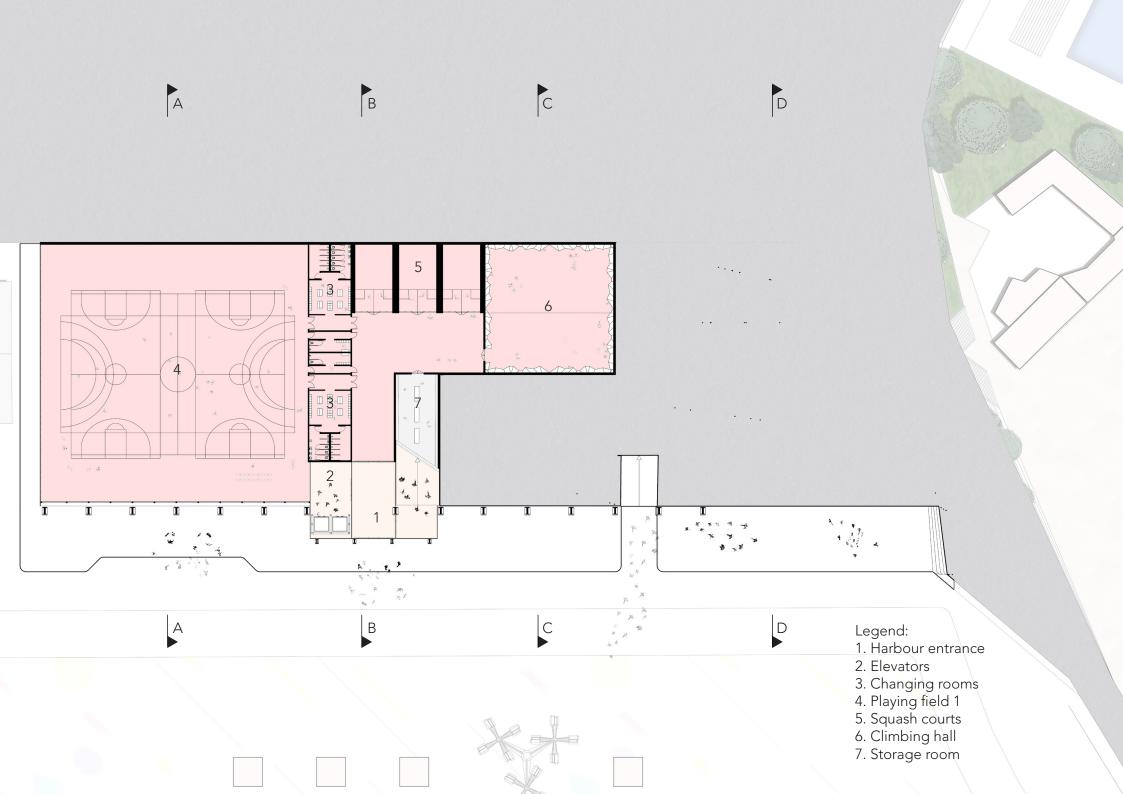
- 1. Skatebolw
- 2. Skatepark
- 3. Climbing hall (interior sport)
- 4. Outdoor training grounds
- 5. Podium (stage) for public performances
- 6. Seating space in green towards Podium
- 7. Green sitting spaces with view

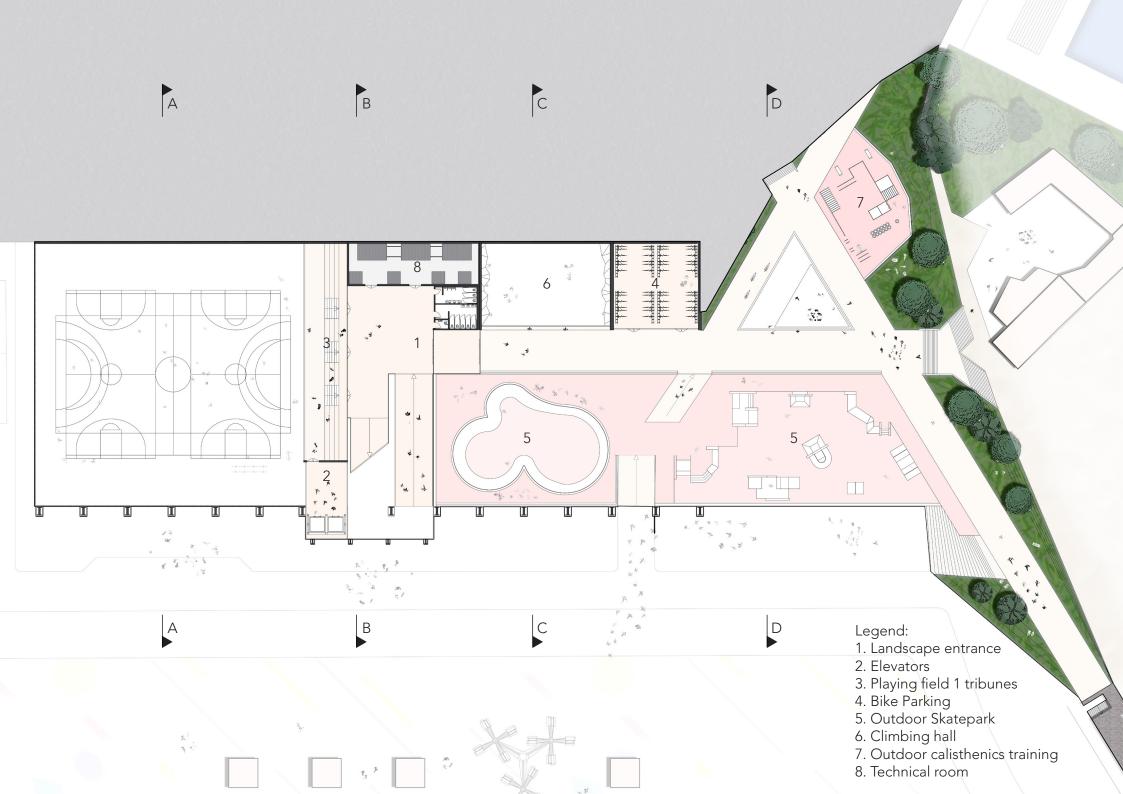


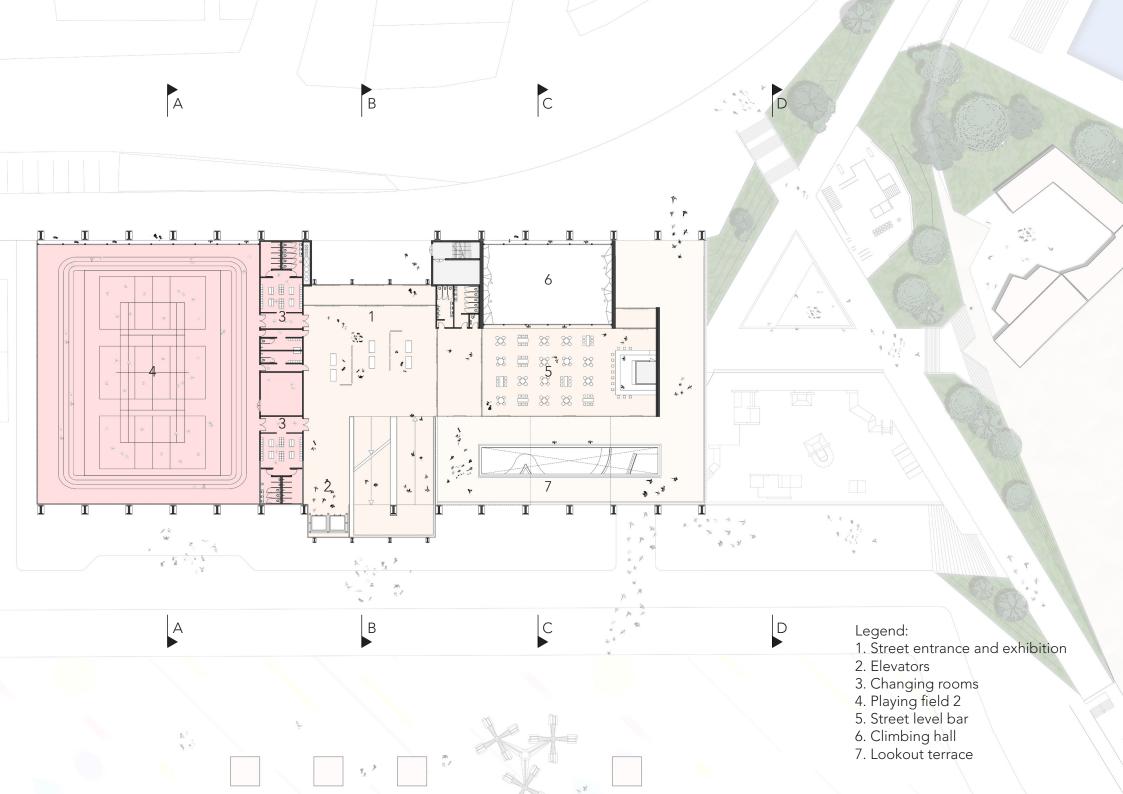


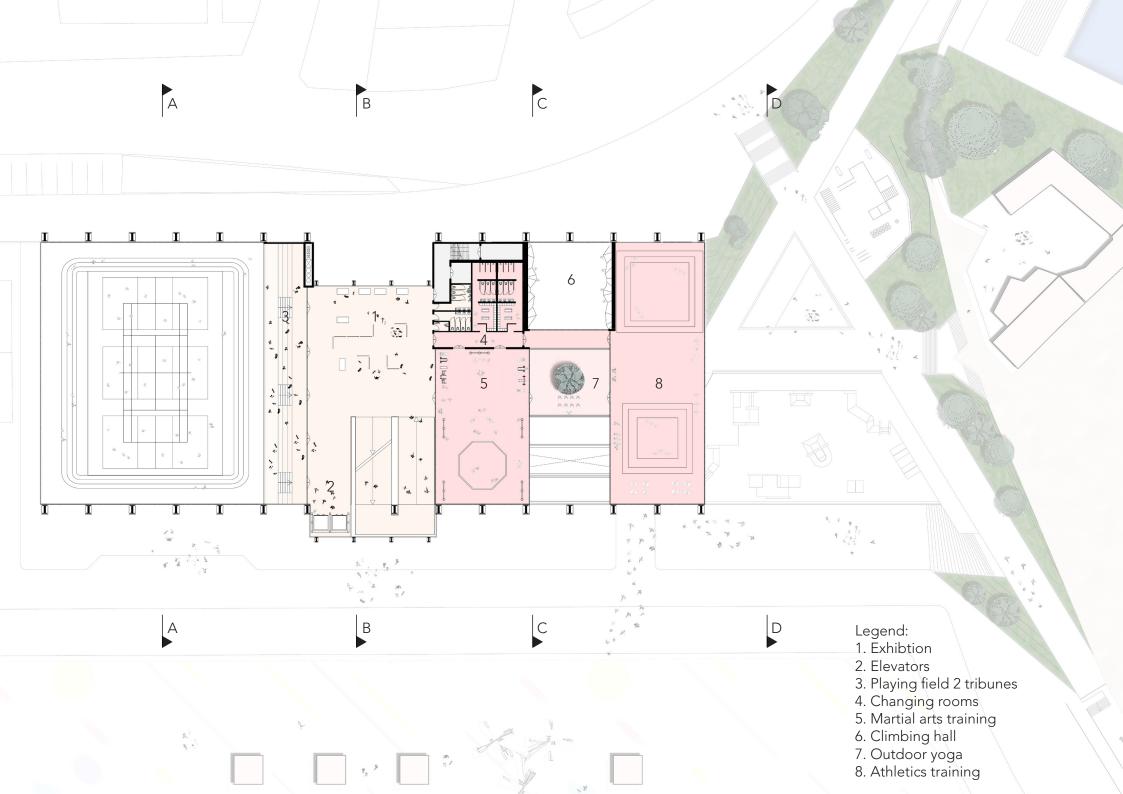
Now the site of the harbour has been emptied and new public functions have been introduced around the water. Restaurants at the water edge and other types of entertainment behind them now populate the empty industrial site, making it an attractive and new place for everyone in the city.

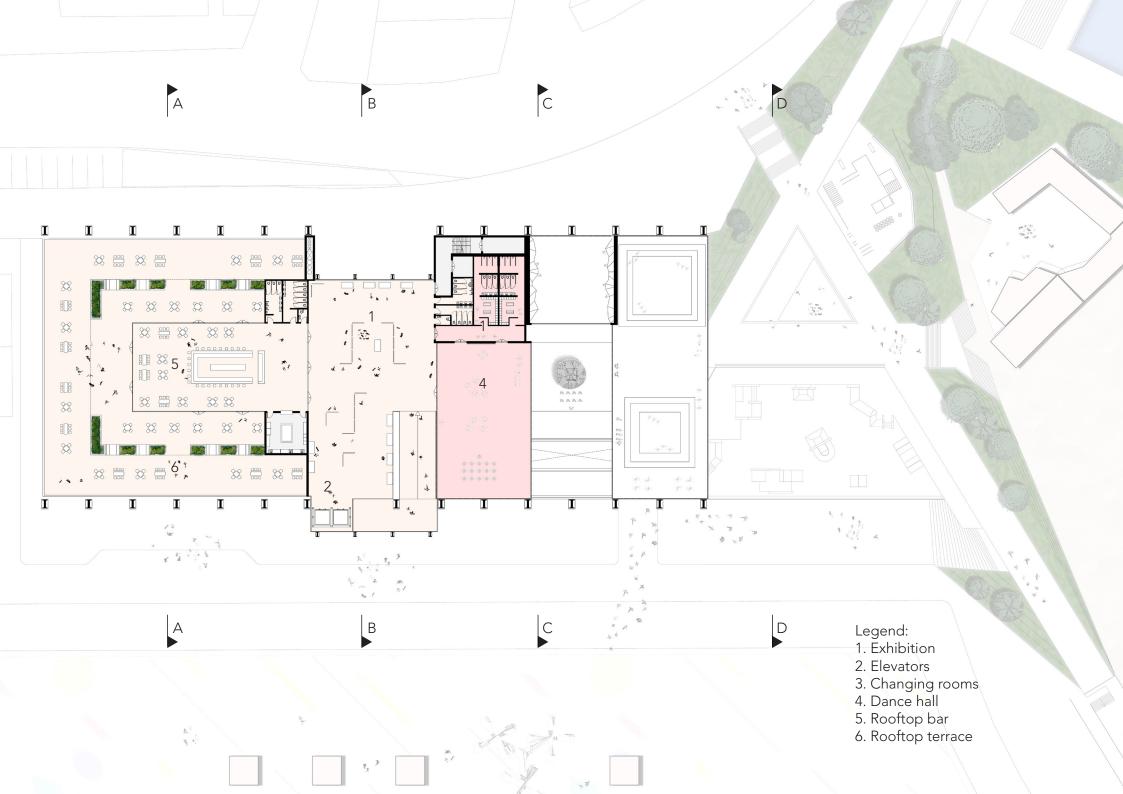
However, it is still very much disconnected by the huge height difference and does not feel a part of the city centre.

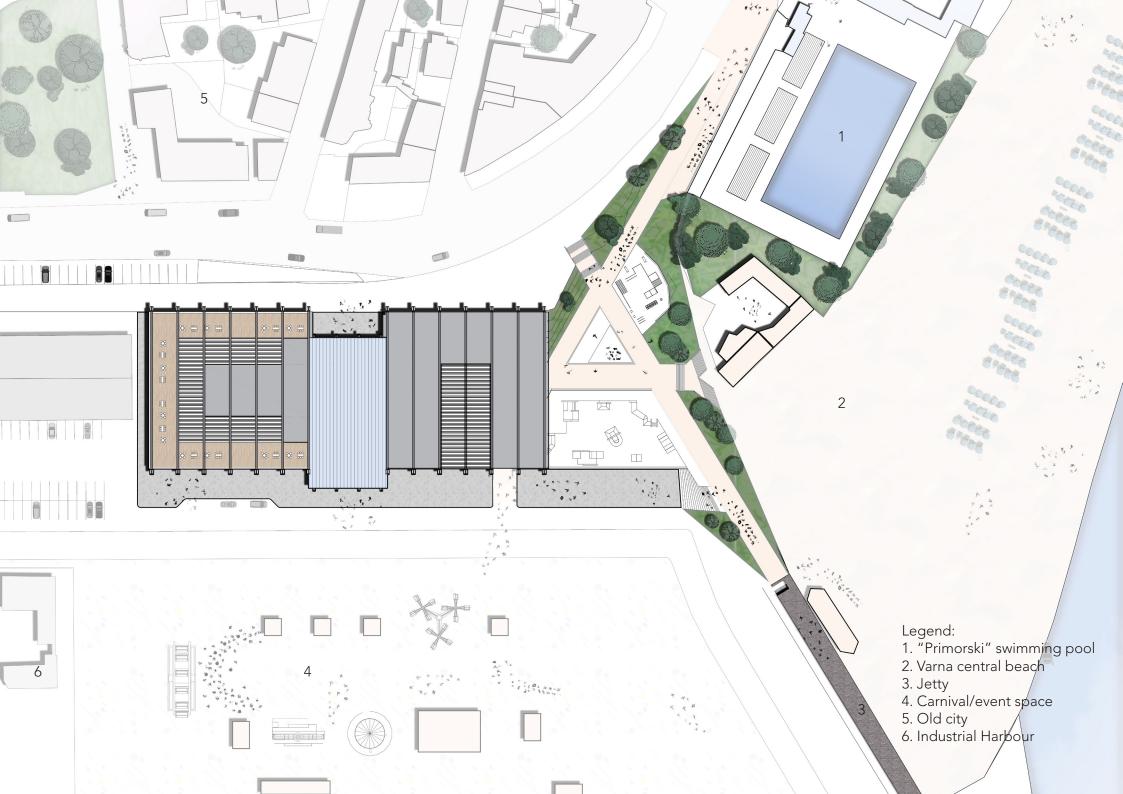


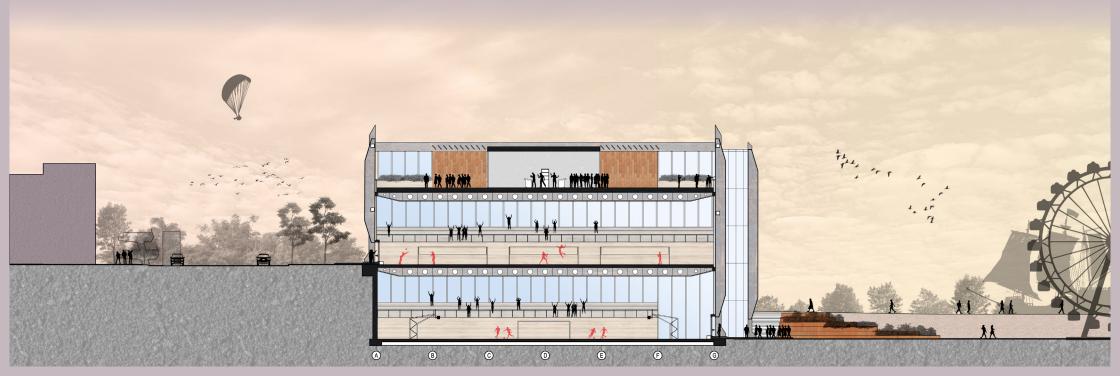








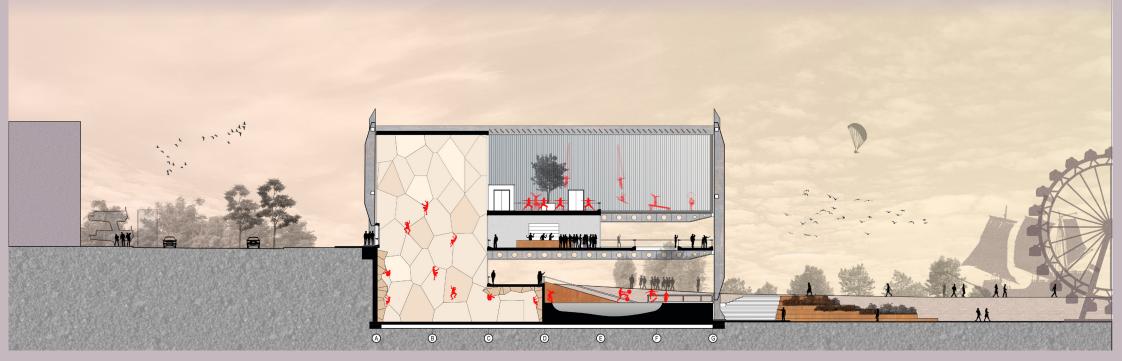




SECTION A-A



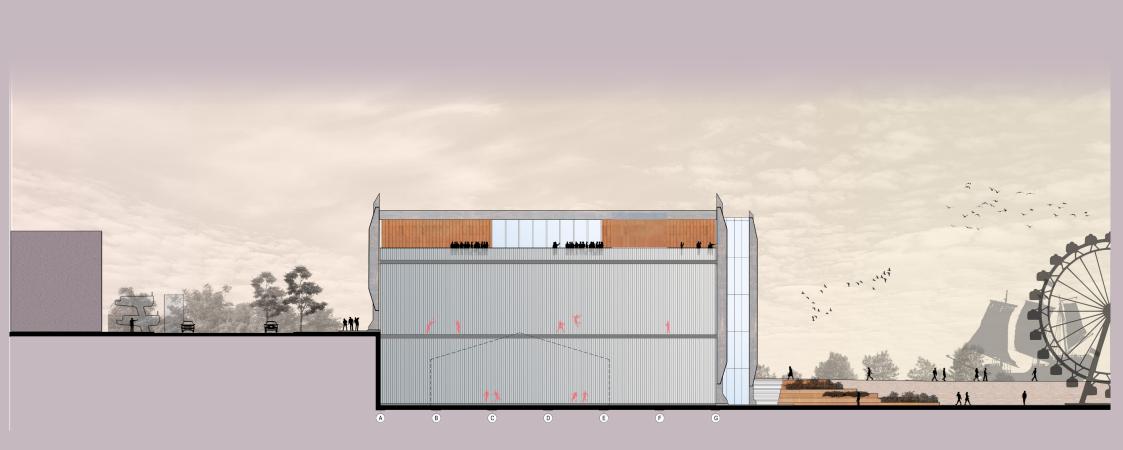
SECTION B-B



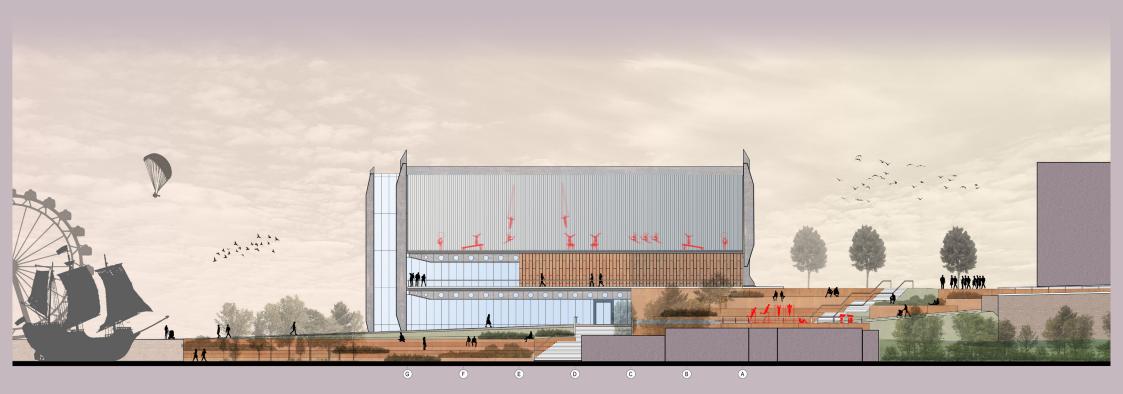
SECTION C-C



SECTION D-D

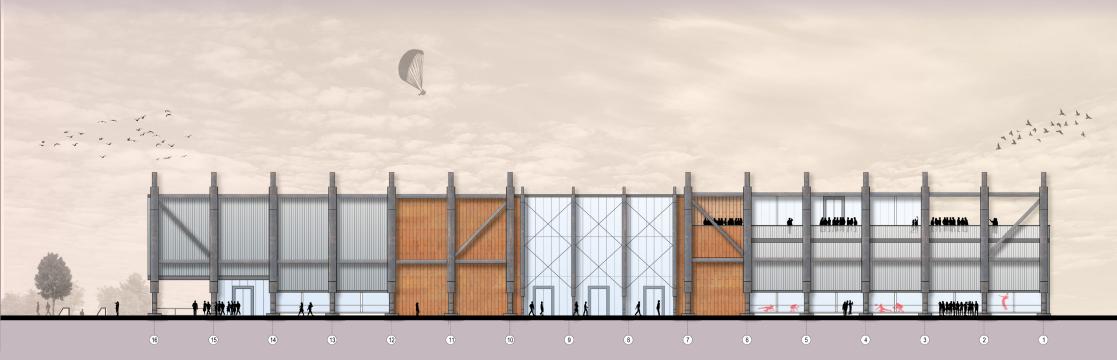


WEST ELEVATION



EAST ELEVATION

ELEVATIONS x4

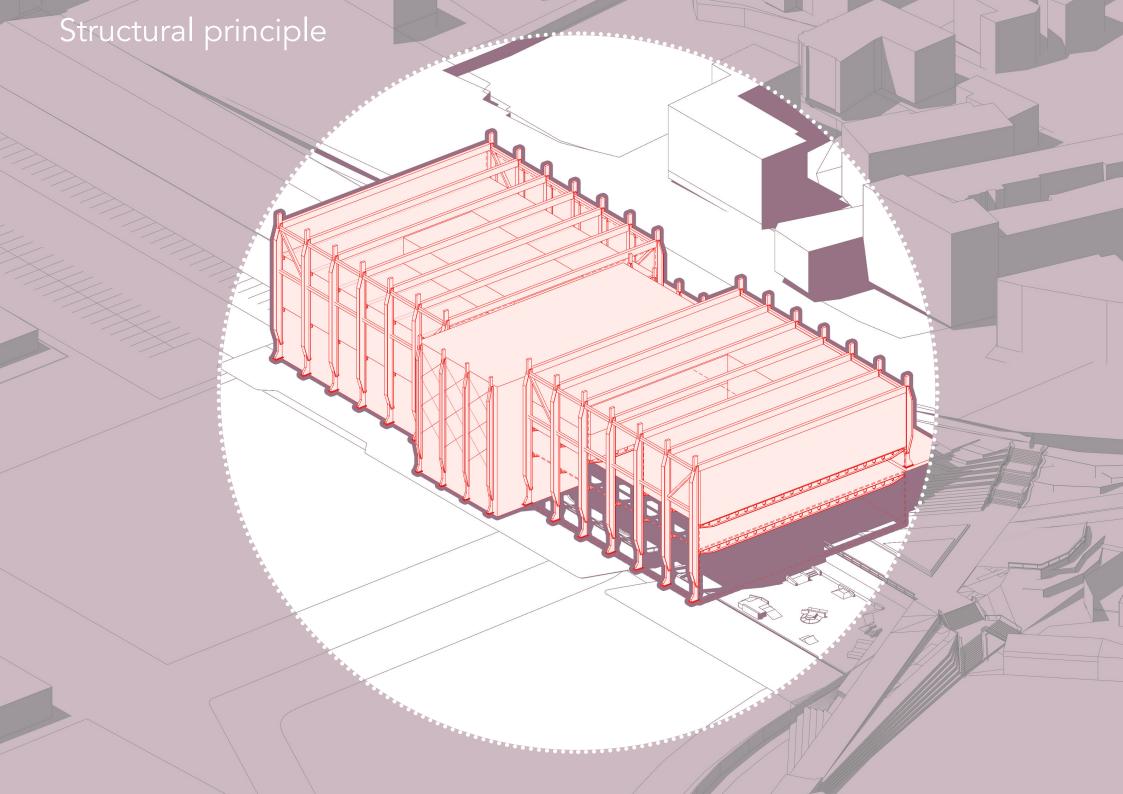


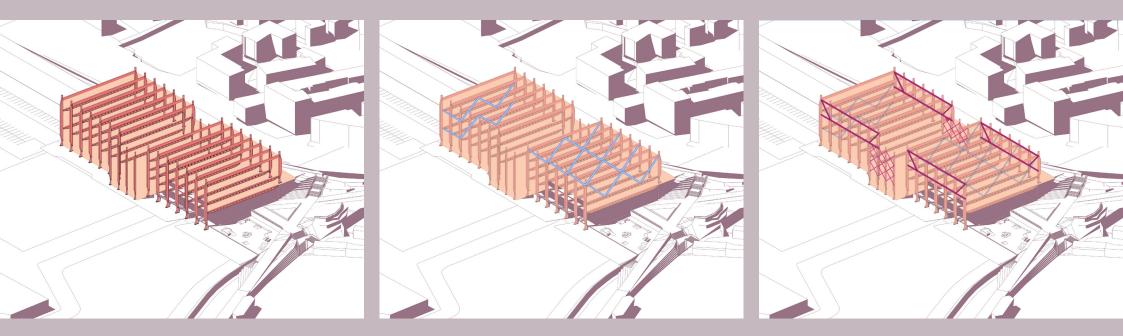
NORTH ELEVATION





SOUTH ELEVATION





Main structure of Beams and Columns

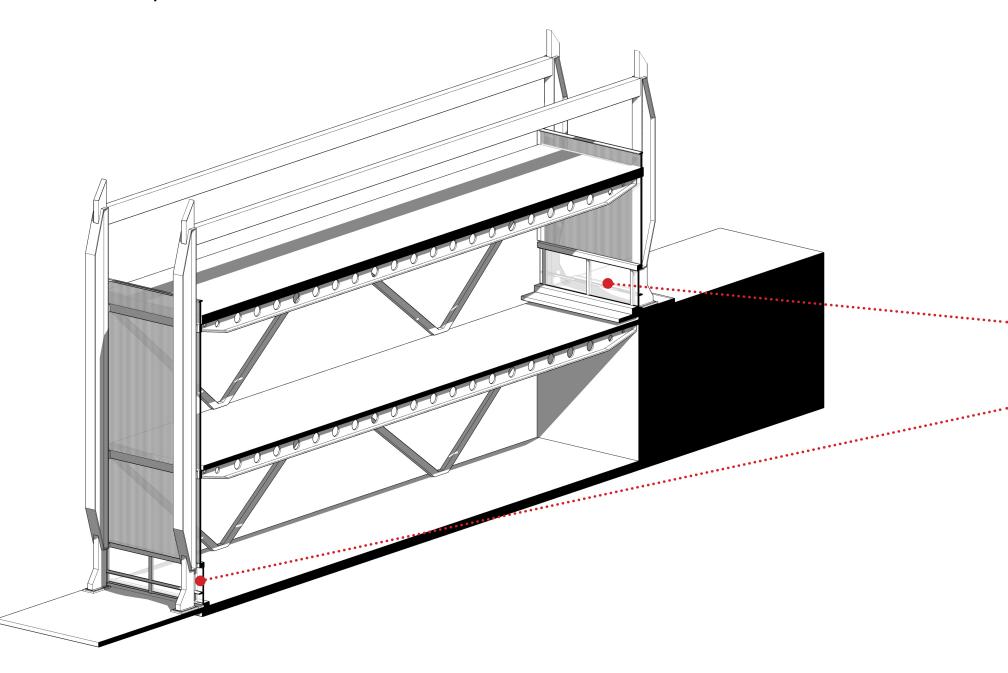
Stabilisation trusses

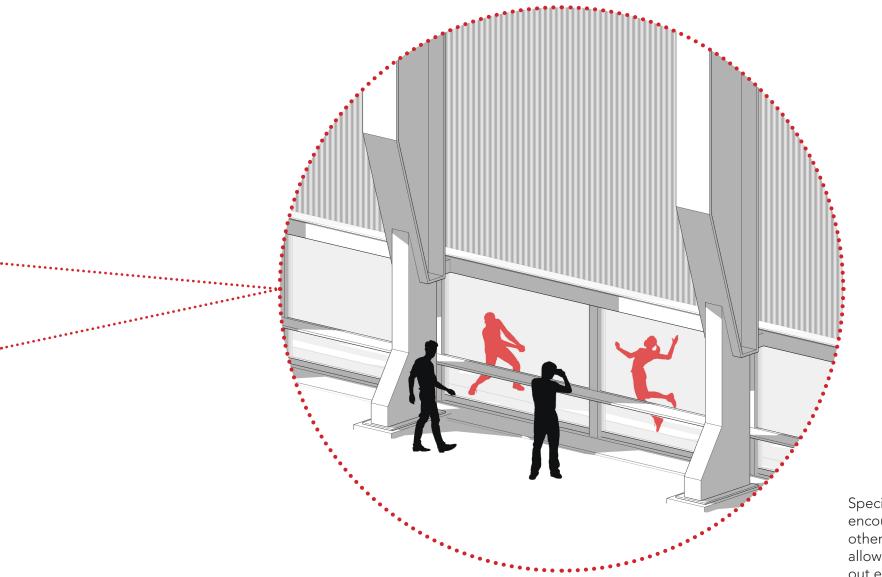
Stabilisation in Facade

Now the site of the harbour has been emptied and new public functions have been introduced around the water. Restaurants at the water edge and other types of entertainment behind them now populate the empty industrial site, making it an attractive and new place for everyone in the city.

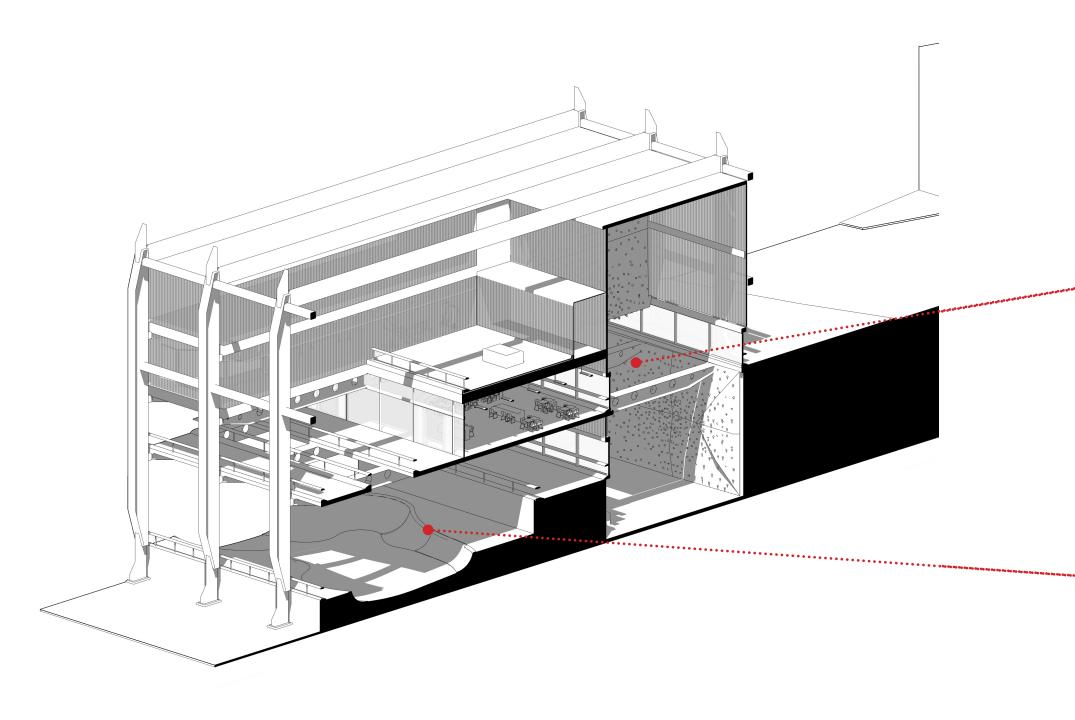
However, it is still very much disconnected by the huge height difference and does not feel a part of the city centre.

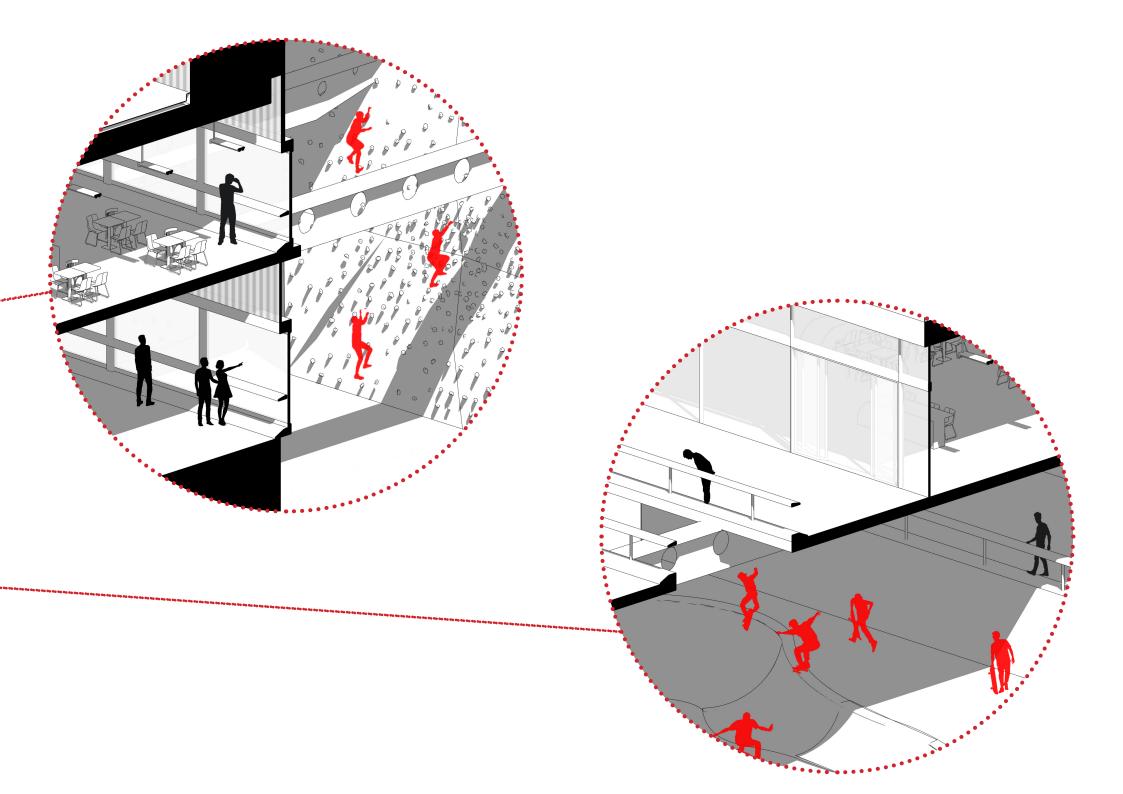
Look-In Principle

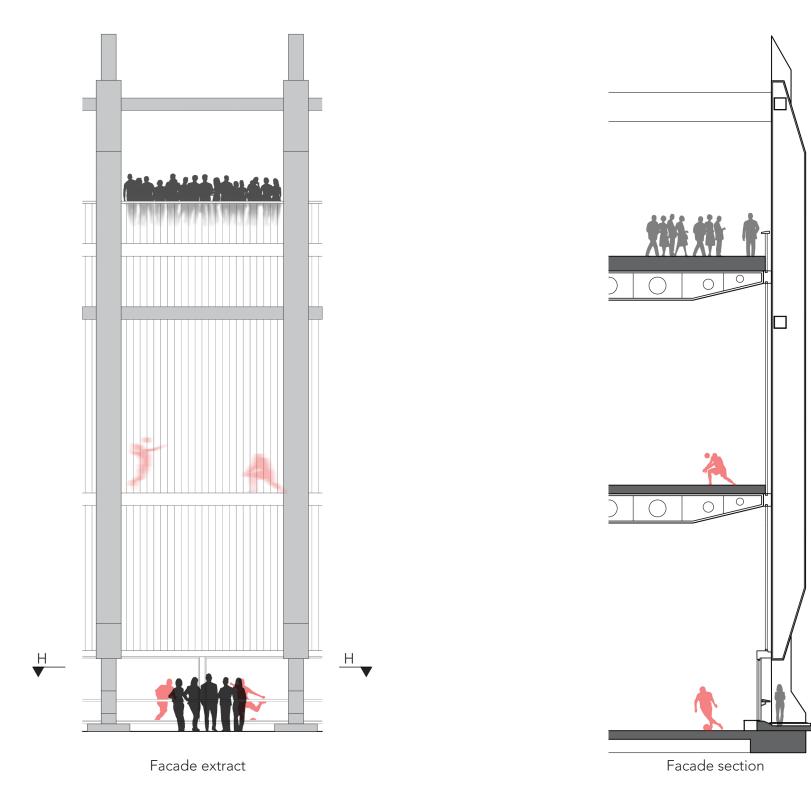




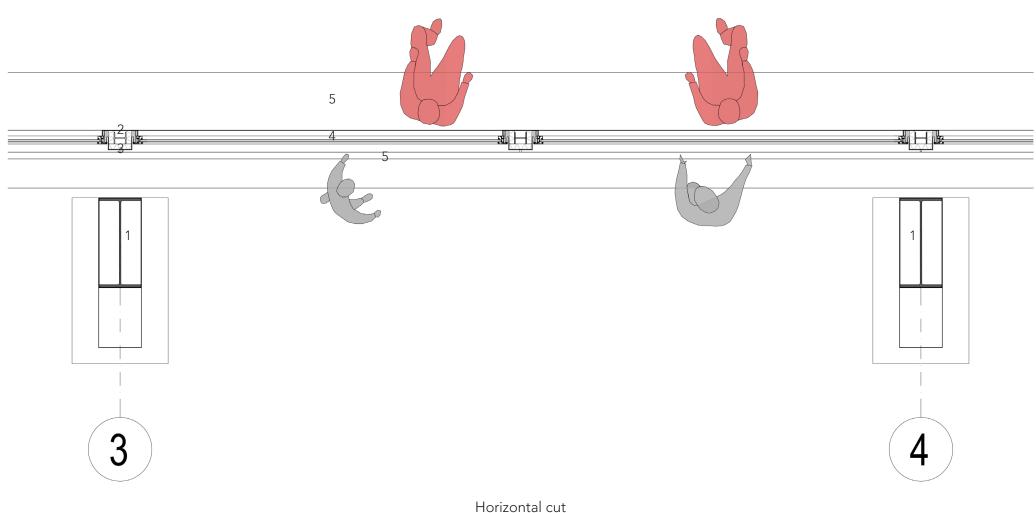
Specific moments in the building encourage passers-by to look into the otherwise opaque sporthall. These allow for spectators to observe without even entering the space.

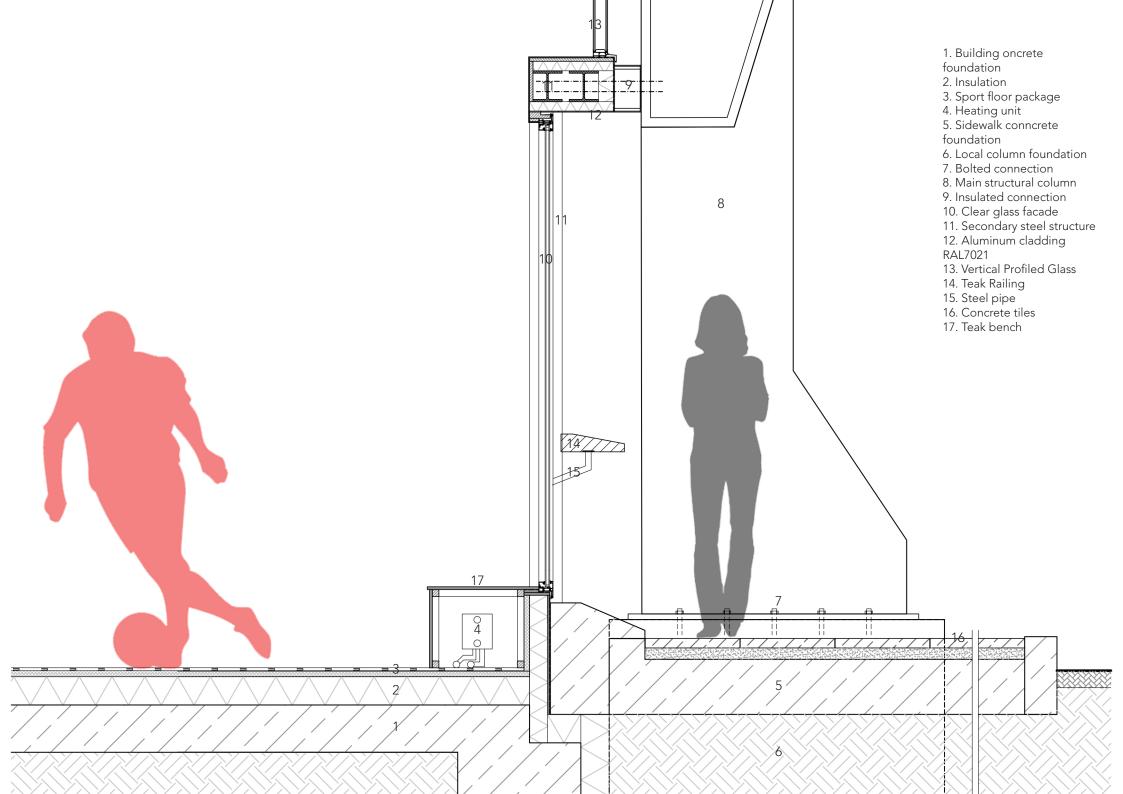


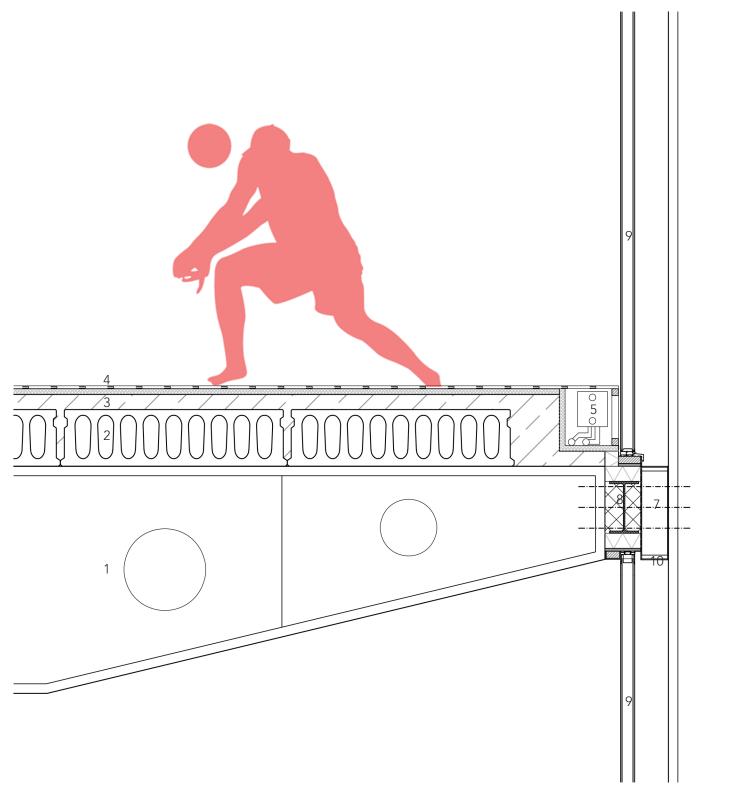




1. Main structural column Secondary steel construction
Insulation - clad in aluminium RAL7021 Clear glass
Teak bench for players
Teak Railing

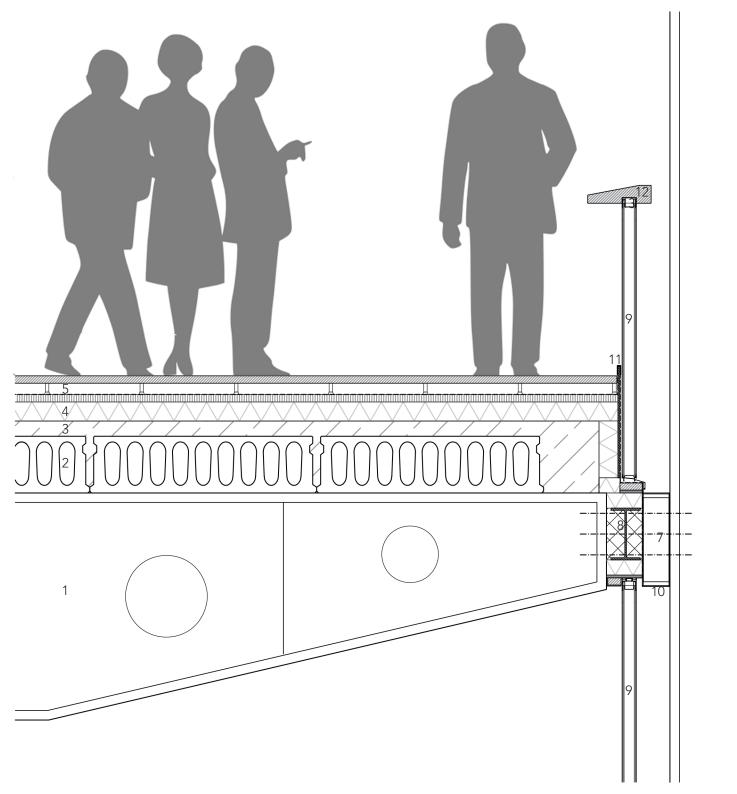






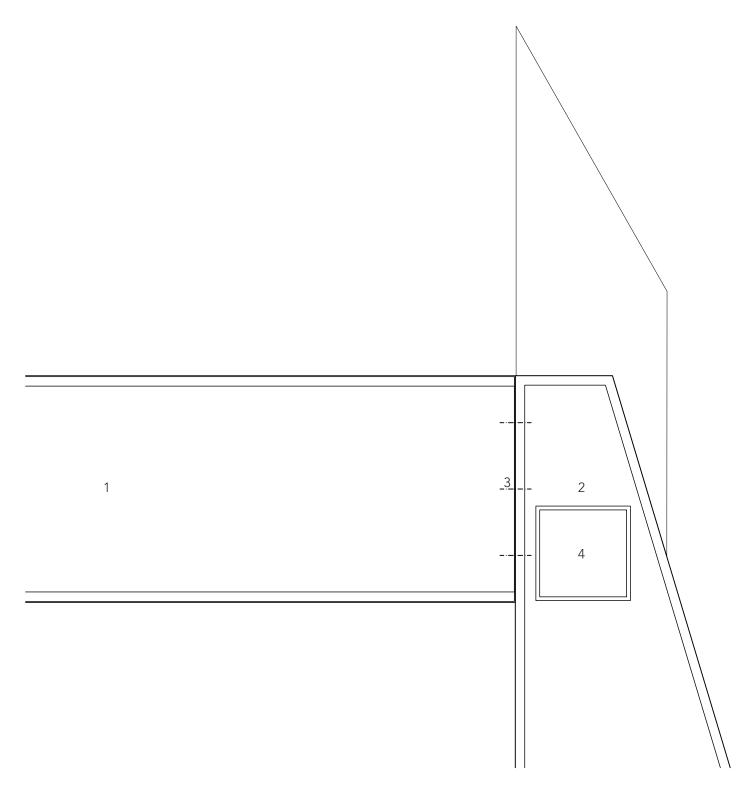
Main structural beam
Kanaalplat
In situ concrete layer
Sport floor package
Heating unit
Main structural column
Insulated connection
Secondary steel structure
Vertical Profiled Glass

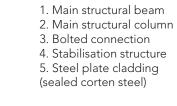
10. Aluminum cladding RAL7021



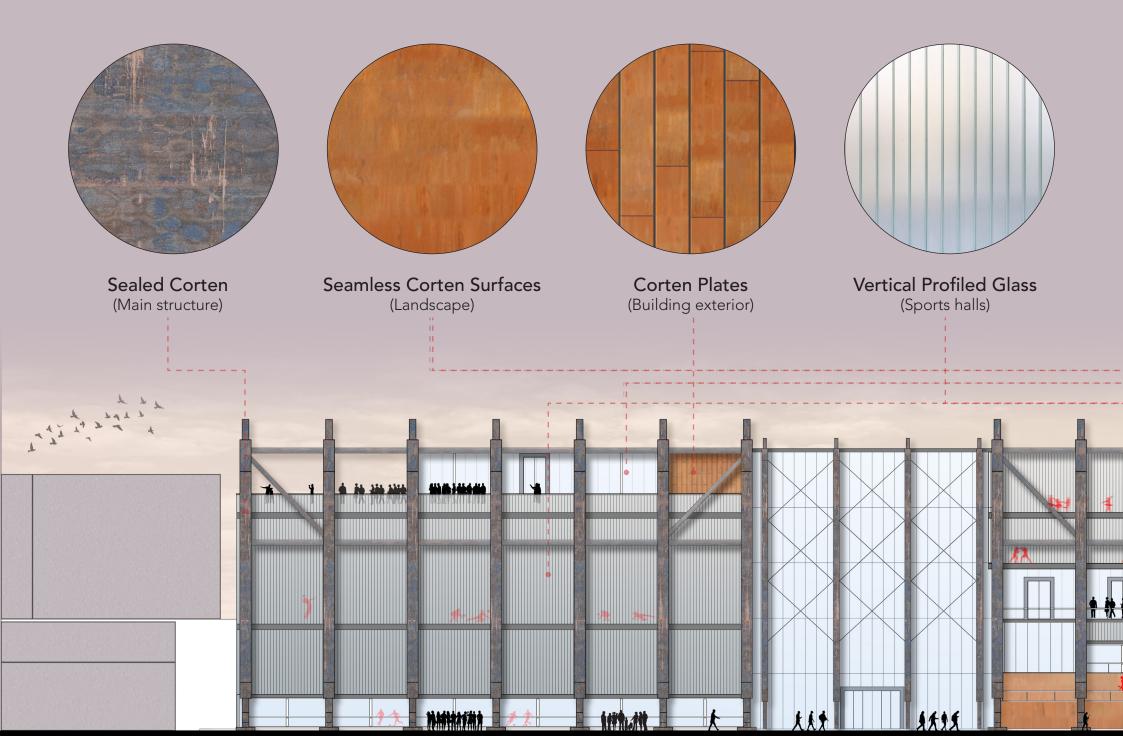
 Main structural beam
Kanaalplat
In situ concrete layer
Insulation
Deck floor system
Main structural column
Insulated connection
Secondary steel structure
Vertical Profiled Glass
Aluminum cladding RAL7021
Raised steel plate edge+ waterproof membrane
Teak Railing
Steel profile

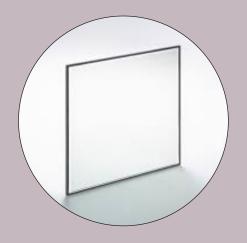
6

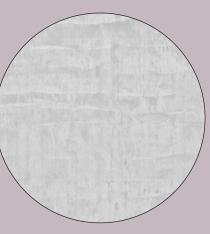




Material Pallete







Clear glass (Circulation core, Public space, Look-in opportunities)

In situ Concrete (Interior walls, floors)

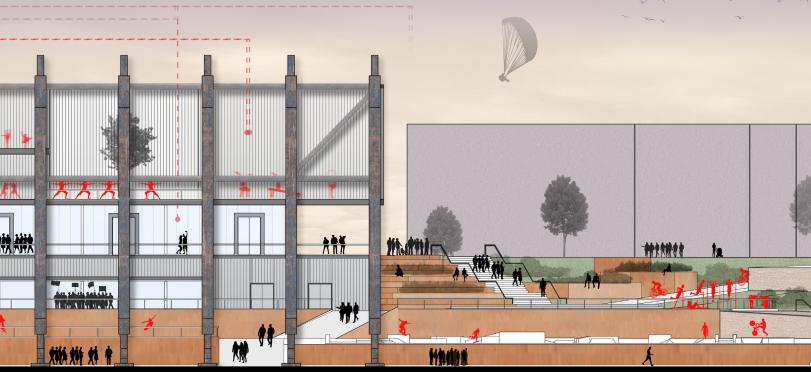


RAL 7021 (Window frames, Doors)



Teak wood (Handrails, Tribune seating)

A







Approach from harbour





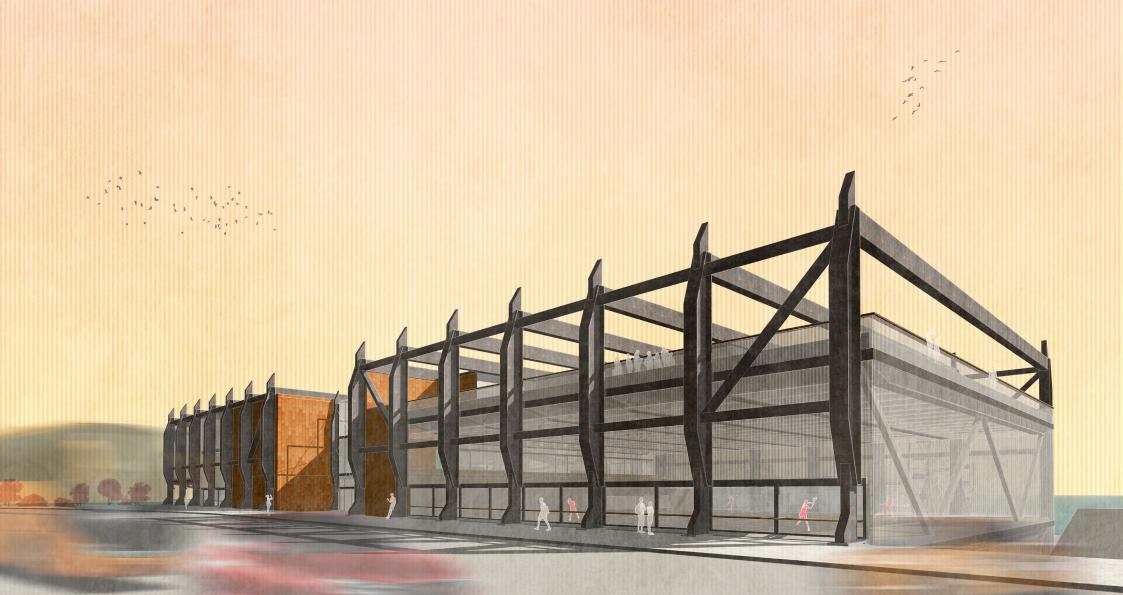
Approach from Sea Garden



Street level Entrance



Street level Entrance





ess

- AA

No.

BA

H WK

20

Å

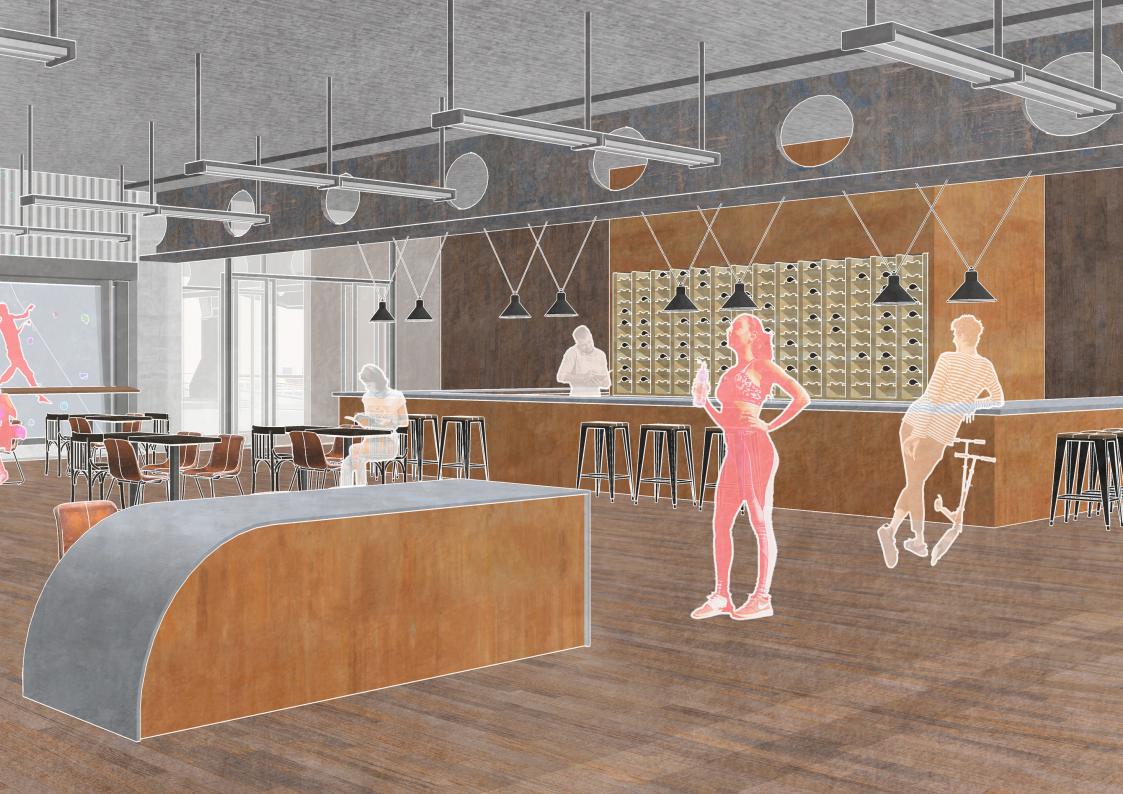
0

A

M



Climbing hall Cafe/Bar



Playing Field 2 - Tribunes

111.

Ĺ

T

INV

1 SE 182

515

NO THE OWNER

6

V

 2Ω

NIT?

U

 $| \rangle$

10000

8.50 BE

.

17

E J

X

UL A

11

1 10 1 10 10 10 10 10 1

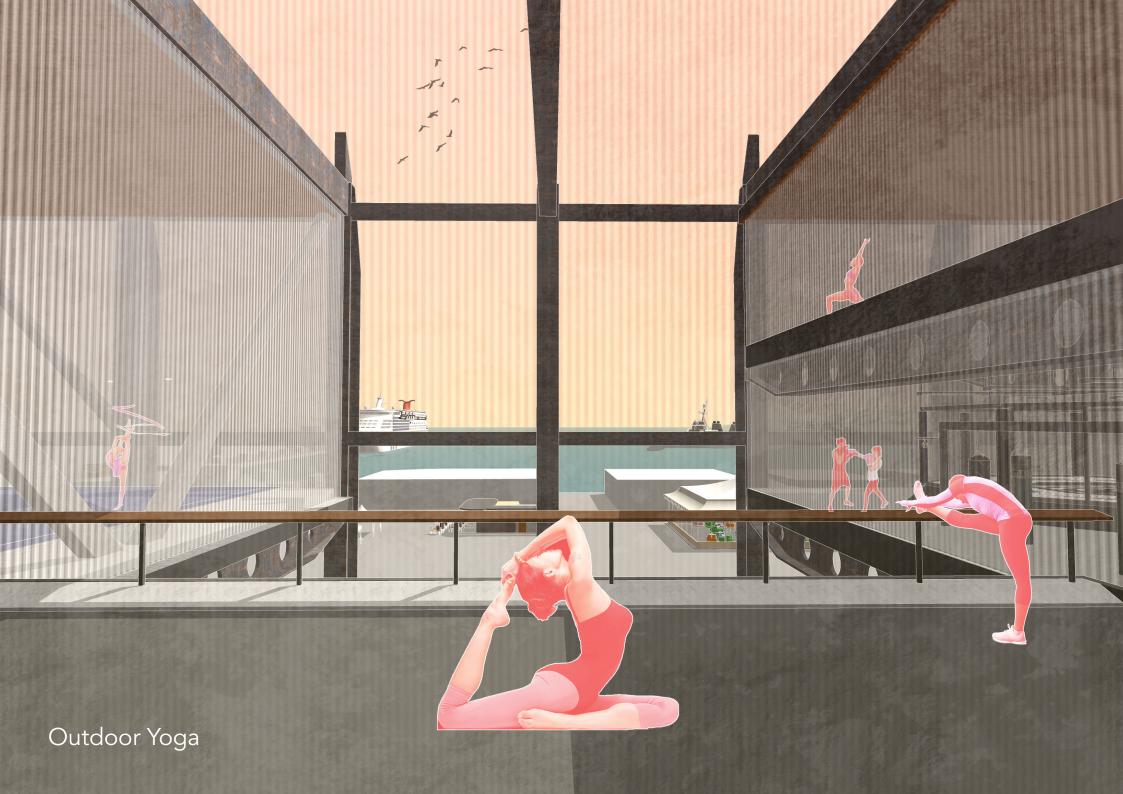




Skatebowl



Exhibition space



Rooftop bar and terrace

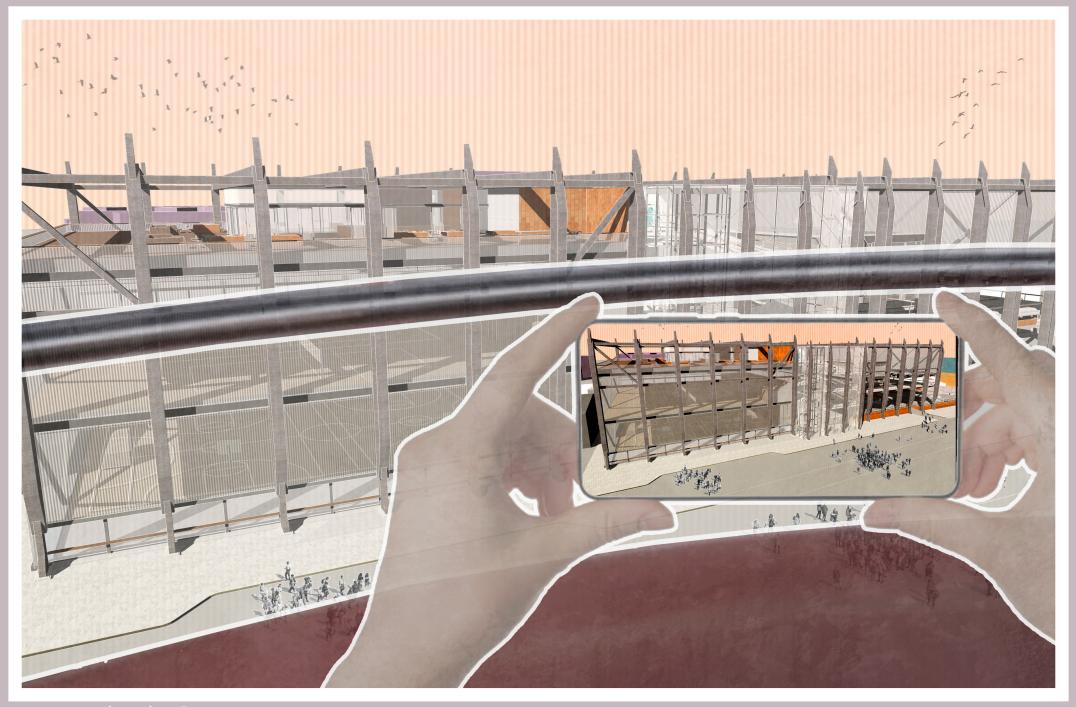
7

3

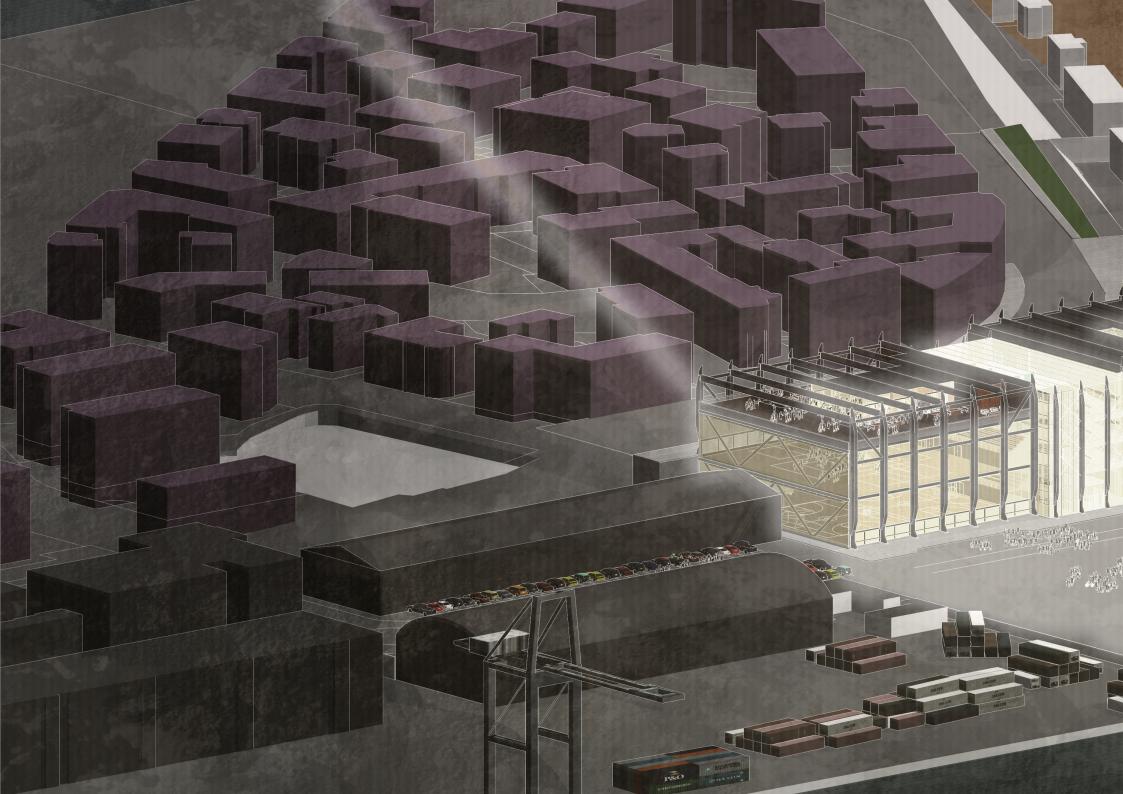
12 02

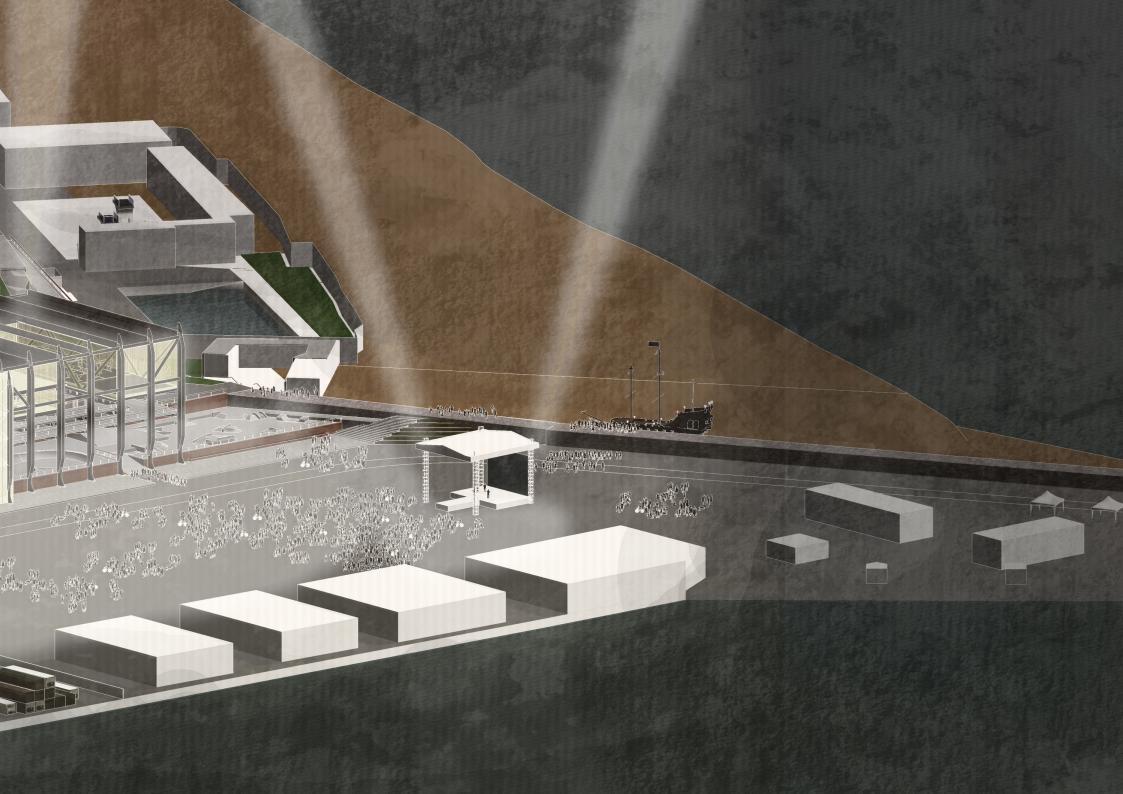


Martial Arts Hall



Ferris wheel POV





Don`t forget to grab a card...



